

EVALUATION OF ANTI-CRYPTOCOCCAL ACTIVITY OF BACITRACIN

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ARTICLE INFO ABSTRACT

Cryptococcosis is amongst potentially deadly diseases whose impact has aggrandized with the advent of AIDS and antifungal resistance. Antifungals used presently are short of broad spectrum activity and furthermore are involved in several side effects. Henceforth, the present manuscript focuses on the evaluation of antifungal activity of bacitracin against *Cryptococcus neoformans* var. *grubii*, the causative agent of the disease.

Minimum inhibitory concentration, flow cytometric analysis and confocal microscopy were used to determine the *in-vitro* fungal susceptibilities. Light microscopy was used to determine the changes in the micromorphology of the fungal organism. Swiss mice were used for testing the efficacy of bacitracin *in-vivo*.

Bacitracin showed cidal activity against *C. n. grubii* at 5.5 mg/ml which is on the higher side but on testing under *in-vivo* conditions it was observed that doses as high as 15 mg/kg bw/day did not show any adverse effect in the body. Better survival rate of the bacitracin treated mice, lowering of the fungal load and changes showing improvement in the tissue morphology depicts the mild anticryptococcal activity of bacitracin.

Although, bacitracin has proved to be a potent antifungal yet there are several limitations like low bioavailability and its peptide nature. However, these problems can be limited by developing suitable analogs of the compound.

Keywords: Cryptococcus neoformans; Bacitracin, in-vitro; in-vivo

INTRODUCTION

Since recent past an upswing in the field of drug development has been observed. However, the antifungal drug development scenario still requires a major boost. Two major classes of the antifungals, polyenes and azoles, have side effects. Even the most commonly used antifungal amphotericin B results in electrolyte imbalances and also nephrotoxicity (Clements et al. 1990, Enoch et al. 2006). Further, the development of resistance is also seen as a common problem in immunosuppressed hosts who received long term treatment (Saravolatz et al. 2003). Side effects and narrow spectrum activity of synthetic antifungals and cost effectiveness of plant based antifungals have lead to the search of other options including antifungal peptides.

The scientific fraternity along with the pharmaceutical giants are striving hard to develop new antifungals that could counter these dreadful diseases even though the situation is becoming graver by the day. This can be attributed to the lesser number of available targets against the fungi owing to their eukaryotic nature. Therefore, this argument intensifies the need to look for new antifungals which have a broad spectrum activity and lesser toxicity (**Roemer and Krysan, 2014**).

The concept of compounds produced by bacteria that have antifungal activity is not new. Many reports on this idea have already been published (Weidman, 1927, Waksman, 1941). According to them, bacitracin is one of the compounds that effects bacteria and also has antifungal effect on some fungal pathogens. It is a group of cyclic peptides produced on the multi-enzyme complex as a component of the innate defence system of *Bacillus licheniformis* and *Bacillus subtilis*. It has unique property to interact with metals which affects its antibacterial activity. Significant stability at lower temperatures, acidic pH, solubility in water and certain organic solvents are other noticeable properties of bacitracin (Johnson et al. 1945).

Antibacterial activity of bacitracin is already known against gram positive cocci and bacilli, including *Staphylococcus*, *Streptococcus*, and *Clostridium difficile* as well as some *Archaebacteria* such as *Methanobacterium*, *Methanococcus*, and *Halococcus* (Johnson et al. 1945, Meleney and Johnson, 1949, Mescher et al. 1974) but less is known about its antifungal activity (Chitarra et al. 2013).

Bacitracin works by inhibiting the interaction of the components of the peptidoglycan i.e. (NAG and NAM) with bactroprenol pyrophosphate which normally carries them to the outer membrane for the building up of the cell wall in bacteria. However, in fungi, protein disulfide isomerase (PDI) can be a target

of bacitracin (**Dickerhof et al. 2011**). Endoplasmic reticulum houses PDI protein that functions as a molecular chaperone and aids in the folding of the enzyme by catalyzing the formation, cleavage, and rearrangement of the disulfide bonds in unfolded or misfolded proteins (Wilkinson and Gilbert, 2004, Freedman et al. 2002, Serve et al. 2012, Wang et al. 2015).

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This study aims to evaluate the antifungal potential of bacitracin against *C. neoformans* var. grubii (ATCC 6352).

MATERIALS AND METHODS

In this study *C. n. grubii* (ATCC 6352) was used as the test organism. *Cryptococcus neoformans* var. *grubii* (ATCC 6352) was kindly provided by Prof. S.M. Singh (Retd.), Department of Biological Sciences, Rani Durgavati Vishwavidyalaya, Jabalpur, India. All the isolates were sub-cultured on Sabouraud's Dextrose Agar (SDA) medium, incubated at 32°C for 48 hours (**Perfect, 2006**) and used for further experimentation.

In-vitro susceptibility testing

The susceptibility of *C. n. grubii* against bacitracin (HIMEDIA, CMS208) was tested by qualitative (Agar Disc diffusion and Broth macrodilution) as well as quantitative (Flow cytometry) assays. In each case amphotericin B (Trade name: Amphotret procured from Bharat Serums) was used as positive control.

Minimum Inhibitory Concentration (MIC) by broth macrodilution method (CLSI M27- A3)

The minimum inhibitory concentration (MIC₉₀) of bacitracin was determined by broth macro-dilution method. The stock solution of bacitracin in distilled water (220 mg/ml) was diluted with MOPS buffered RPMI to attain concentrations ranging from 22 mg/ml to 1.375 mg/ml and 200 μ l of each concentration was dispensed in separate tubes. Fungal inoculum (1.8 ml) was then added in each tube. For amphotericin B, a concentration range of 1.95 μ g/ml to 125 μ g/ml was employed. The tubes were incubated without shaking at 32°C for 48 hours. Absorbance was taken using spectrophotometer (Thermo Scientific UV1). The experiment was performed in triplicate and standard error mean was calculated.

Determination of fungicidal activity Confocal microscopy

Fungal inoculum was prepared in Yeast Extract–Peptone–Dextrose (YPD) broth having a concentration of 0.5 McFarland and 900 ul of the same was added to control and experimental tubes. Then 100 ul of distilled water and bacitracin (5.5 mg/ml) was added to the control and experimental tube respectively. After incubation at 32° C for 48 hours, both the tubes were centrifuged (6000 rpm for 10 minutes). Subsequently, the pellet was re-suspended in 1:1 ratio (v/v) of DAPI (20 ul/ml of a 1 mg/ml stock in PBS) and PI (20 ul/ml of 1 mg/ml stock in PBS) simultaneously for 1 hour (**Martinez et al. 2008**). One drop of the above solution was now placed on the Poly-L-lysine coated slides, mounted with DABCO and observed in the confocal microscope (Zeiss).

Determination of minimum fungicidal concentration (MFC) by Flow Cytometry

For flow cytometric analysis, 220 mg/ml, 110 mg/ml, 55 mg/ml, 27.5 mg/ml and 13.75 mg/ml concentrations of bacitracin were added to the cell suspension prepared in YPD broth having $2x10^6$ cells of *C. n. grubii* (ATCC 6352) diluting it in the ratio of 1:9. Tubes were incubated in shaker incubator at 32° C for 24 hours. Centrifugation (6000 rpm for 10 minutes) was done in order to pellet down the cells followed by re-suspension in propidium iodide solution (25μ g/ml in phosphate-buffered saline) for a period of 30 minutes at 32° C. For sample analysis, cell size (forward scatter of incident laser light) and propidium iodide (PI) fluorescence intensity data were collected for 10,000 cells with a BD FACS cell sorter (**Green et al. 1994**). Readings were recorded in triplicate. Minimum fungicidal concentration (MFC) was calculated by determining R_2/R_1 (Ratio of the dead cells to the living cells in a population of 10,000 cells).

Micro-morphological study

The micromorphology of the cryptococcal cells was examined through direct microscopy after treating them with 5.5 mg/ml concentration of bacitracin for 24 hours followed by staining with lactophenol cotton blue.

In-vivo studies

Animals

Swiss mice (C3HHC-Strain) weighing approximately 26 gm were selected for experimental induction of cryptococcosis. The animals were fed *ad libitum* and photoperiod of a diurnal cycle was maintained. The experimental animals were divided into five groups (5 mice/group): immunocompetent control (ICC), immunosuppressed control (ISC), immunosuppressed diseased induced (ISD), immunosuppressed treated with bacitracin (IST) and immunosuppressed treated with amphotericin B (ISTA). Animals were maintained in accordance with the recommendations of Animal Ethical Committee of Banaras Hindu University.

Inoculum preparation

The test inoculum was prepared by transferring 2-3 loopful of the *C.n. grubii* (ATCC 6352) in 100 ml normal saline containing 0.05 mg m1⁻¹ chloramphenicol. The fungal suspension was shaken for one hour then filtered through sterilized muslin cloth. The test inoculum was adjusted to $2x10^6$ cfu/ml using haemocytometer.

Treatment Plan

Apart from the mice of the ICC group all the other mice were subjected to immunosuppression and disease induction (**Singh et al. 2017**). Following immunosuppression, all the experimental mice of disease induced and treated groups (ISD, IST and ISTA) were injected with 50 μ l of inoculum intravenously (IV) (**Zaragoza et al. 2007**) till two weeks on each alternate day. At 15th day of experiment, mice of the IST group were treated with 15 mg/kg bw/day of bacitracin divided into 2 doses through intramuscular route. Additionally, the ISTA group mice were treated with 5 mg/kg of amphotericin B through the intravenous route. The animals were sacrificed after 5 weeks of inoculation. The mortality/survival was recorded for each group. Visceral organs of the mice were removed and cut into two halves. One half was proceeded for histopathology and the other half was used for biochemical studies and fungal load determination.

Survivalship curve

Kaplan-Meier plot was drawn by using Graph Pad Prism ver. 6.0 exhibiting the survival ship curve.

Fungal load determination

For fungal load determination tissue homogenates were prepared which were diluted with PBS in the ratio of 1:2.5 (CSF and Blood) and 1:2 (tissue homogenates) and were spread on SDA plates. Fungal load was calculated on the basis of colonies recovered/100 μ l of tissue homogenate/CSF/blood.

Histopathology

The tissue samples fixed in 10% neutral buffered formalin were dehydrated with different grades of ethanol and embedded in paraffin wax (60-62°C). The sections (5μ m) were cut and stained with Haematoxylene-Eosin and Southgate's mucicarmine.

Determination of level of circulating leucocytes through Differential cell count (DLC):

For DLC, blood was obtained from each mouse belonging to each group and a thin smear was prepared. After drying, the blood smears were stained with Leishman's stain.

Biochemical assays

Protein content in the tissues was determined by Lowry's method (Lowry et al. 1951) following which Malondialdehyde (MDA) assay (Ohkawa et al. 1979), Catalase activity (Aebi 1974) and Superoxide dismutase assay (Das et al. 2000) were carried out.

Statistical analyses

Statistical analyses have been performed wherever necessary using GraphPad Prism version 6.0.

RESULTS

In-vitro susceptibility

Minimum inhibitory concentration

The minimum inhibitory concentration of bacitracin against *C. n. grubii* (ATCC 6352) was found to be 5.5 mg/ml. The minimum inhibitory concentration of amphotericin B was also calculated against the same fungus and was found to be $3.125 \ \mu g/ml$ (Table 1).

 Table 1 Minimum inhibitory concentration of bacitracin and amphotericin B against C. n. grubii (ATCC 6352).

Fungal pathogen	Bacitracin*	Amp B*		
C.n.grubii (ATCC 6352)	5.5 mg/ml (±0.827)	3.125 µg/ml(±0.531)		
*All readings are Mean \pm SEM	1			

Determination of fungicidal activity

Confocal microscopy

All the nucleated cells were stained with DAPI (blue) whereas all the dead cells were stained with propidium iodide (red). Confocal microscopy depicts the anticryptococcal nature of bacitracin because a very high number of propidium iodide stained cells can be observed in the experimental panel (Figure 1e) as compared to the control panel (Figure 1b).



Figure 1 Confocal micrographs of cryptococcal cells: (a) all the nucleated cells stained with DAPI; (b) all the dead cells stained with PI (untreated); (c) merged

image of a & b; (d) all the nucleated cells stained with DAPI; (e) all the dead cells stained with PI (treated with bacitracin) and (f) merged image of d & e.

Determination of minimum fungicidal concentration

As the concentration of bacitracin increased from 1.375 mg/ml to 11 mg/ml (Figure 2b, 2c, 2d and 2e), the number of cells in R₂ (dead) region increased in comparison to the live cells (R_1) region. There is less than 20% difference in the % gated R_2/R_1 values of 11 mg/ml concentration and 5.5 mg/ml, therefore 5.5 mg/ml can be considered as the MFC of bacitracin against C. n. grubii (ATCC 6352) (Figure 2f).



Figure 2 Effect of bacitracin at (b) concentration 1.375 mg/ml; (c) 2.75 mg/ml; (d) 5.5 mg/ml; (e) 11 mg/ml; (a) Control and (f) Ratio of % gated R₂/R₁. increased (40%) after the treatment with bacitracin in case of IST group. In ISTA

Micro-morphological study

Bacitracin induced minor changes in the cell morphology of C. n. grubii. The wrinkled cell wall of cryptococci suggests that yeast cells are in stress (Figure 3).



Figure 3 Effect of bacitracin on micromorphology of C. n.grubii (a) untreated (× 400) and (b) treated after 24 hours (× 400) (Lactophenol Cotton blue).

In-vivo studies

Morphological and behavioral observations

Morphologically, all experimental mice appeared normal. However, mice of disease induced group (ISD) showed ataxia and torticollis (clinical manifestations of cryptococcal meningitis).

Survival curve

Kaplan Meier survivalship curve depicts that the ISD group had a 20% survival rate till the end of the experiment however this percentage was found to be



Figure 4 Kaplan-Meier plot for percentage survival.

group 60% survival rate was observed (Figure 4).

Fungal Load determination

No cryptococcal colonies were seen in the normal control (ICC) and the immunesuppressed control (ISC) groups. The disease induced group (ISD), however, showed the highest number of colonies in all the organs along with CSF and blood (maximum in CSF and minimum in liver). Bacitracin treated group showed a reduction in the number of cryptococcal colonies validating the efficacy of the peptide (Table 2).

Table 2 Fungal load (no. of colonies recovered/100 µl). Tissue homogenate (1:2 PBS)							CSF (1:2.5 PBS)	Blood (1:2.5 PBS)	
Groups	Liver	Lung	Kidney	Spleen	Heart	Brain	Stomach		
ICC	0	0	0	0	0	0	0	0	0
ISC	0	0	0	0	0	0	0	0	0
ISD*	52±2	97±3	115±5	161±6	0	128±7	195±8	735±19	187±6
IST*	11±1	15±1	56±2	0	0	74±3	150±6	155±3	70±2
ISTA*	15±1	25±3	25±2	0	0	33±1	35±1	140±4	45±2
*Mean+SFM									

*Mean±SEM

Histopathology

Liver

Liver of disease induced mice showed highly dilated sinusoidal spaces, the presence of erythrocytes, binucleated cells, pyknotic cells and hemorrhage (Figure 5b) whereas histopathological sections of liver of treated group showed binucleated cells and pyknotic cells along with signs of recovery like normal sinusoidal spaces and less number of hemorrhage spots (Figure 5c).



Figure 5 TS of liver: (a) Control, HE (\times 100); (b) Arrow shows irregular sinusoidal spaces in disease induced mouse, HE (\times 100) and (c) Recovery with signs of pathogenesis in bacitracin treated mouse, HE (\times 100).

Lungs

Lungs of disease induced mice exhibited broken bronchiolar walls (Figure 6.6b) while the lungs of the treated group showed intact bronchiolar wall with some regions of hemorrhage (Figure 6c).



Figure 6 TS of lung: (a) Control, HE (\times 400); (b) Bronchiole destruction (ISD group), HE (\times 400) and (c) Hemorrhage, HE (\times 100).

Determination of the level of circulating leucocytes through Differential Leucocyte count (DLC)

Lowering in the number of neutrophils and increase in the number of lymphocytes was seen in the disease induced group (ISD) in comparison to the normal control group (ICC). However, on intramuscular treatment of bacitracin, the level of both neutrophils and lymphocytes became in consistence with the normal control group. However, DLC profile of amphotericin B treated animals showed neutropenia and lymphocytosis (Figure 7).



Figure 7 Differential leucocyte count of control as well as experimental mice (ICC -Immunocompetent control; ISC -Immunosuppressed control; ISD-Immunosuppressed disease induced; IST- Immunosuppressed treated with bacitracin and ISTA- Immunosuppressed treated with amphotericin B. Values are Mean \pm SEM, (n = 5); *P<0.05 and #*P<0.0001 (Statistically significant compared with normal control, ICC : using GraphPad style).

Biochemical assays

The SOD levels of both, liver and lungs were found to be reduced in the ISD group when compared to the control group. The SOD levels of the IST and ISTA groups were found to be higher than the ISD group for both liver and lungs (Figure 8a).

Likewise, level of catalase, in liver and lungs was found to be higher in ISD group and lower in mice of IST and ISTA groups in comparison to disease induced group (Figure 8b).

Similar to the catalase levels, an increase in the MDA levels was also observed in the ISD group which was found to be reduced in the bacitracin treated group (IST) and amphotericin B treated group (ISTA) (Figure 8c).



Figure 8 Levels of biochemical enzymes: (a) Superoxide dismutase; (b) Catalase and (c) Malondialdehyde in the liver and lungs of Immunocompetent control (ICC), Immunosuppressed control (ISC), Immunosuppressed disease induced (ISD), Immunosuppressed treated (IST) and Immunosuppressed treated with amphotericin B. (ISTA). Values are Mean \pm SEM, (n = 5); * P < 0.05, **P<0.01 and #* P<0.0001 (Statistically significant compared with normal control, ICC: using GraphPad style).

DISCUSSION

In the effort to conquer the increasing threat of infectious fungi to humans, natural products from microbial sources appear to be the most favorable alternatives to current antifungals. In this context a number of antifungal peptides have been isolated from bacteria for example bacitracin, iturins, polymyxin, subtilisin and fengycin that have potent antifungal activity.

Studies focused on deciphering the mechanism of action of bacitracin suggest that it inhibits the formation of the bacterial cell wall (**Stone and Strominger**, **1971**). In the present study, both the flow cytometric and confocal microscopic analyses exhibit the cidal nature of bacitracin against *C. n. grubii*. However, the minimum fungicidal concentration of bacitracin was found to be 5.5 mg/ml which indeed is very high. But even at higher concentrations (15 mg/kg bw/day) bacitracin was found to be well tolerated and caused no harm to the animals.

Neutrophils and lymphocytes are integral components of the innate immunity, and their levels can indicate the presence of any pathological condition in the body (Celkan and Şirin Koç, 2015). In case of the disease induced group, decrease in the neutrophil levels and increase in the level of lymphocytes was observed. However after treatment the level of the neutrophils and lymphocytes became in consistence with the control group suggesting recovery due to treatment.

Reactive oxygen species (ROS) exercises a broad range of biological impacts ranging from physiological regulatory functions to harmful changes involved in the pathogenesis of growing numbers of illnesses (Alfadda and Sallam, 2012). In this study the levels of the enzymatic markers of oxidative stress like SOD, Catalase and MDA were evaluated to ascertain the role of bacitracin as a therapeutic. The level of superoxide dismutase was found to be lowered in the diseased condition which was increased after the treatment with bacitracin. Probably chronic cryptococcal infection leads to mitochondrial damage which disables the production of SOD resulting in low SOD value in disease induced condition (Traykova, 2013).

Catalase plays a pivotal role in the conversion of harmful hydrogen peroxide (produced due to the ROS) into non-harmful water and oxygen (Sies, 1997). The

catalase levels were found to be higher in the disease induced group and lowered down to the levels of control after treatment with bacitracin depicting improvement in the diseased condition.

Apart from being recognized as an end product of the lipid peroxidation, Malondialdehyde (MDA) is also considered to be a biomarker for oxidative stress (**Grotto et al. 2009**). The results obtained in this study are in unanimity with the humongous scientific literature available which suggests that diseased condition causes an increase in the MDA levels (**Grotto et al. 2009**). But after treatment with bacitracin a lowering of the MDA levels was evident exhibiting a reduction in the lipid peroxidation.

An antifungal entity obtained from *Bacillus licheniformis*, the same organism from which bacitracin is obtained, was found to be effective against *Curvularia* spp., *Alternaria* spp., *Aspergillus* spp. (e.g., *A. flavus*, *A. niger*), *Diplodia maydis*, *Penicillium* spp., *Fusarium* spp. (including *F. moniliforme*, *F. oxysporum*, *F. roseum*), *Helminthosporeum* spp. (including *H. maydis*), *Magnaporthepoae*, *Rhizopus* spp. and *Rhizoctonia solani* (Neyra and Sadasivan, 1997).

Polymyxin B, a surface active bactericidal antibiotic, showed activity at relatively low concentrations against *S. cerevisiae* and *C. albicans* (Schwartz et al. 1972). Polymyxin was found to be more effective for *S. cerevisiae* than *C. albicans*. Newton and co-workers (1956) reported that a difference in the composition of the membrane phospholipid creates a difference in the antibacterial activity of polymyxin (Newton, 1956). However, there are also reports where contrasting results were achieved for instance 45 clinical isolates of *C. albicans* were found to be non-susceptible to the activity of polymyxin and 12 isolates of *C. tropicalis* were found to be susceptible for the drug (Hsu et al. 2017). Polymyxin also showed variable activity against the capsular and acapsular strains of *C. neoformans* (Zhai and Lin, 2012). However, in our case bacitracin, which is also a product of *Bacillus* species (*Bacillus licheniformis*), exhibited a high MIC value (5.5 mg/ml) against *C. n. grubii.*

Source organism, target fungal pathogens and MIC range of some antifungals peptides of bacterial origin have been summarized in table 3.

 Table 3 Antifungal activity of peptides obtained from bacteria.

Peptide	Origin	Target organism	MIC range	Reference
AF3, AF4, AF5	Bacillus subtilis (RLID 12.1)	64 Candidal and 17 Cryptococcal isolates	2.83-3.31 µg/ml	Ramachandran et al. 2018
Bacillomycin D	Bacillus subtilis AU195	Fusarium oxysporum	6 μg for both	Moyne et al. 2001
(analog 1 and analog			analogs	
2)				
Fengycin	Bacillus subtilis F-29-3	Fusarium sp.	10 µg/ml	Vanittanakom et al. 1986
Bacillomycin	Bacillus subtilis	Microsporum sp.	0.010 mg/ml	
		Trichophyton sp.	0.010 mg/ml	
		C. albicans	0.010 mg/ml	Landy et al. 1948
		Blastomyces dermatitidis(Mycelial)	0.0025 mg/ml	
		Blastomyces dermatitidis (Yeast)	0.001 mg/ml	
		Coccidiodes immitis	0.005 mg/ml	
		Histoplasma capsulatum	0.005 mg/ml	
Bacillomycin F	Bacillus subtilis strain 1164	Aspergillus niger	40 µg/ml	Mhammedi et al. 1982
		Neurospora crassa	80 µg/ml	-
		Penicillium chrysogenum	20 µg/ml	-
		Rhodotorula pilimanae	80 µg/ml	-
		Trichophyton mentagrophytes	20 µg/ml	-
		C.albicans	40 µg/ml	-
		C.tropicalis	40 µg/ml	
		Saccharomyces cerevisiae	10 µg/ml	
Lipopetides	Bacillus amyloliquefaciens	F. oxysporum	250-750 µg/ml	Singh et al. 2014
		Cladosporium cladosporioides	750-2000 µg/ml	
		Scopulariopsis Acremonium	125-500 µg/ml	
		Trichophyton rubrum	750-2000 µg/ml	
		Microsporum gypseum	125-500 µg/ml	
		A. alternate	500-2000 μg/ml	
Iturin	B. pumilus HY1	A. flavus	52 µg/ml	Cho et al. 2009

CONCLUSION

In this study, bacitracin, a group of cyclic peptides produced by *B. licheniformis* was tested for its antifungal activity. It was found to have moderate anticryptococcal activity. Although, its *in-vivo* treatment was not found effective but the structural diversity it possesses will be helpful in the synthesis of its derivatives and design of its mimetics. Acknowledgement: The authors would like to thank Principal, Mahila Mahavidyalaya for providing the infrastructure facilities. The authors also wish to thank DST-SERB, New Delhi for providing grant (EMR/2016/001396). One of the authors, Neelabh would like to thank Indian Council of Medical Research (ICMR) for providing Senior Research Fellowship. However, this fellowship was not used in any way to fund this work. The authors are also thankful to Dr.

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