

ISOLATION OF LACTIC ACID BACTERIA FROM TRADITIONAL MOROCCAN PRODUCTS AND EVALUATION OF THEIR ANTIFUNGAL ACTIVITY ON GROWTH AND OCHRATOXIN A PRODUCTION BY *ASPERGILLUS CARBONARIUS* AND *A. NIGER*

Yousra El HAMMOUDI^{*1,2}, Adil LAAZIZ¹, Amina BOUSETA¹ and Rajae BELKHOU²

Address(es): Yousra EL HAMMOUDI,

¹ Laboratory of Biotechnology, Environment, Agri-food and Health, Sidi Mohamed Ben Abdallah University, Faculty of Science Dhar Mahraz, P.B. 1796 Atlas Fez, Morocco.

² Laboratory of Bio-industry and Agro-food Technology, University Sidi Mohamed Ben Abdallah, Higher School of Technology Fez, Route d'Imouzzer, B.P: 2427 - Fez, Morocco.

*Corresponding author: yousra.elhammoudi@usmba.ac.ma

ABSTRACT

https://doi.org/10.15414/jmbfs.3634

ARTICLE INFO

Received 25. 8. 2020 Revised 21. 1. 2021 Accepted 25. 2. 2021 Published 1. 8. 2021

Regular article

Different agricultural products, including grapes, are susceptible to contamination and damage by several microorganisms, one being fungi and their mycotoxins such as ochratoxin A. These alterations are a source of food waste and lead to significant economic losses. Thus, new alternatives have been sought in parallel with existing methods. In this work, after isolation, identification by 16S rDNA sequencing and differentiation by Pulsed-Field Gel Electrophoresis (PFGE) of four lactic acid bacteria from different traditional Moroccan food products, antifungal activity was studied against *Aspergillus carbonarius* and *A. niger* isolated from Moroccan grapes. Their effect on ochratoxin A production was also assessed. A strain of *Lactoccocus lactis* ssp. *lactis* (F) and three strains of *Leuconostoc mesenteroides* ssp. *mesenteroides* (I, C, and D) selected from 16 isolated strains were tested. Their antifungal activities against *Aspergillus* spp. were quite significant, with growth inhibition rates ranging from 28.69% to 53.31%. Likewise, ochratoxin A production was about 63.90% and 65.12% for *A. niger* and *A. carbonarius*, respectively; however, an 89.38% reduction for *A. niger* and 19.35 % *A. carbonarius* was achieved for the *Leuconostoc mesenteroides* ssp. *mesenteroides* (I) strain. These results revealed strain-dependent antifungal activity. Our study indicates that the use of these lactic acid bacteria can be applied as a biocontrol of fungal growth and mycotoxins production.

Keywords: Aspergillus sp., growth inhibition, Lactoccocus lactis ssp. lactis, Leuconostoc mesenteroides ssp. mesenteroides, OTA reduction

INTRODUCTION

Deterioration of food by filamentous fungi is a major preoccupation for farmers and the food industry due to their capacity to grow under harsh environmental conditions: they limit the shelf life of food products and cause a 5-10% loss in world crops (Pitt & Hocking, 2009). Molds produce compounds that have a negative impact on organoleptic properties, such as the molecules responsible for flavor defects, alteration of texture, or discoloration of food products (Muhialdin et al., 2013). In addition, some spoilage fungal species such as Aspergillus sp. can produce mycotoxins, including ochratoxin A (OTA). OTA is among the most studied mycotoxins because of its damaging effects on human and animal health, inducing nephrotoxic, carcinogenic possible effects, teratogenic, immunotoxic, and neurotoxic reactions (IARC, 1993; Pfohl-Leszkowicz & Manderville, 2007). In grapes and their derivatives, the most important species of Aspergillus sp. OTA producers are Aspergillus niger aggregate and Aspergillus carbonarius (Cabanes & Bragulat, 2018; Nielsen et al., 2009; Selouane et al., 2009; Leong, 2005). Several chemical and physical preservation methods are used to inhibit mold growth and mycotoxins production in food products (Farkas, 2001; Legan, 1993); however, the overuse of these chemicals is increasingly discouraged for economic reasons and because of growing concerns with environmental and food safety issues (Wagacha & Muthomi, 2008). As such, research for new methods to reduce the risk of fungal contamination is necessary, and the potential exploitation of the antifungal properties of lactic acid bacteria (LAB) for food bio-preservation has attracted the attention of several researchers (Muhialdin et al., 2013). LAB can be found naturally in different foodborne products (Carr et al., 2002; Gajbhiye & Kapadnis, 2016). They have been widely used in traditional fermentation processes since they are Generally Recognized As Safe (GRAS) and have important technological properties, such as inhibiting the growth of fungi by

producing antifungal compounds (Gajbhiye and Kapadnis, 2016). In this work, the antifungal activity of lactic acid bacteria was evaluated. Lactic acid bacteria were isolated from different Moroccan biotopes, and the screening of strains with antifungal activity against *A. carbonarius* and *A. niger* was investigated. The effect of the selected isolate bacteria on OTA production by the *Aspergillus* sp. was also studied.

MATERIAL AND METHODS

Fungal strains and growth conditions

Two Aspergillus strains, Aspergillus niger (MUCL 49226) from raisins and Aspergillus carbonarius (MUCL 49345) from fresh Moroccan grapes, were isolated and identified by **Selouane** *et al.* (2009), then deposited at BCCM / MUCL (Mycothèque de l'Université catholique de Louvain, Louvain-la-Neuve, Belgium) and used in this work. The spore inocula were prepared from fungi culture on Czapek Yeast Autolysate Agar (CYA) medium (Sucrose, 30g ; yeast extract, 5g ; NaNO₃, 2g ; KCl, 0.5g ; MgSO₄, 0.5g ; FeSO₄, 0.07g ; K₂HPO₄, 1g ; ZnSO₄.7H₂O, 10 mg, CuSO₄, 5 mg; Agar, 15g ; distilled water, 1 liter) at 25 °C for 7 days. Spore suspensions were prepared in sterile distilled water containing Tween 80 (0.001%) at 5 °C. Malassez cell was used to determine the final spore concentrations (~10⁵ spores/mL) according to **Wiktor (2008)**.

Isolation of lactic acid bacteria

The strains of lactic bacteria were isolated from different Moroccan biotopes and food products such as milk and its traditional derivatives (Jben, Lben, and Smen) as well as brine from fermented olives and fermented capers. Serial decimal dilutions were made in a physiological water solution, then 0.1 mL from dilutions

of 10^{-4} , 10^{-5} , and 10^{-6} were inoculated on the surface of Petri plates containing MRS (**De Man, Rogosa and Sharpe, 1960**) agar medium. The plates were incubated at 35 °C for 24 to 48 h. The colonies were selected, purified, and preliminarily identified.

Screening of the antifungal activity of lactic acid bacteria

The antifungal activity of lactic acid bacteria was tested using the double layer method described by Cheong et al. (2014) with some modifications. The bacteria were inoculated on two streaks on Petri plates. Two culture media, MRS (Tryptic digest of casein, 10 g ; beef extract, 8 g ; yeast extract, 4 g ; glucose, 20 g ; Tween 80, 1 g ; di-potassium hydrogen orthophosphate, 2 g ; magnesium sulphate 7H₂0, 0.2 g; manganese (II) sulphate 4H₂0, 0.05 g; ammonium citrate, 2 g ; sodium acetate $3H_20,\,5$ g ; agar, 15g ; distilled water, 1 litre) and M17 (Peptone, 5.0 g; soya peptone, 5.0 g; yeast extract, 2.5 g; beef extract, 5.0 g; lactose, 5.0 g ; sodium glycerophosphate, 19.0 g ; magnesium sulfate, 0.25 g ; ascorbic acid, 0.5 g ; agar, 15 g ; distilled water, 1 liter; Terzaghi & sandine, 1975) were used to compare the influence of culture media on antifungal activity. The plates were subsequently incubated at different temperatures (25, 30 and 37 °C) and for different times (18, 24 and 48 h). After incubation, the Petri plates were covered by 10 mL of CYA containing 105 spores/mL and incubated at 25 °C for 72 h. Control plates of MRS agar medium were used to inoculate the two strains of Aspergillus sp. to eliminate the effect of sodium acetate, as an antifungal agent.

The following scale was used for the selection of lactic acid bacteria strains with potential antifungal activity: (-), no inhibition (the bacteria were totally covered by the fungal strain); (+), weak inhibition (the bacteria were not covered by the fungi); (++), inhibition (formation of a small zones inhibition around the bacterial culture); and (+++), strong inhibition (a large zones of inhibition has been observed around the bacterial culture). The antifungal activity tests were conducted in triplicate.

Identification of selected lactic acid bacteria by 16S rDNA sequencing

The selected lactic acid isolates were inoculated in MRS broth medium and then incubated at 30 °C for 24 h. For each isolate studied, the DNA was extracted using a Qiagen Blood and Tissue kit (Qiagen, Germany). The concentration of extracted DNA was then measured using Nanodrop® (Thermo Fisher Scientific, USA).

First, the extracted DNA was amplified by polymerase chain reaction (PCR) using universal primers W001 and W002 (Godon *et al.*, 1997). Then, it was sequenced according to the Sanger method (Sanger & Coulson, 1975). The sequencing results were analyzed using Invitrogen-Vector NTI software, and the sequence obtained was compared with the sequences in the NCBI (Nucleotide Blast) database (https://www.ncbi.nlm.nih.gov/). Finally, the strains were subjected to species-specific PCR in order to differentiate the subspecies.

Differentiation of lactic acid bacteria strains selected by Pulsed-Field Gel Electrophoresis (PFGE)

Clonal differentiation of the selected strains by PFGE was conducted. This technique is largely used for the analysis of genomic diversity of lactic acid bacteria (Adesulu-Dahunsi et al., 2017). For this, the strains were cultivated in MRS medium at 30 °C for 24 h and analyzed. After migration, profiles were analyzed using Bionumerics software (AppliedMath, Belgium). The gel was first normalized using a molecular weight marker. The results were compiled in the form of a dendogram for comparing the samples with each other by considering the number of bands and their position. Two samples with the same number of

bands at the same positions were considered identical (duplicates of the same strain).

Determination of the antifungal activity of bacterial supernatants

The isolates of lactic acid bacteria were inoculated in 10 mL of MRS broth medium for 18 h at 30 °C. An aliquot (200 μ L) of each culture was then inoculated into MRS broth medium (20 mL) and incubated at 30 °C for 48 h. After centrifugation (7200 × g, 10 min) (Sigma 1-14, Sigma Laborzentrifugen GmbH, Germany), the supernatants obtained were sterilized by filtration (Millipore 0.45 μ m) and immediately tested for their antifungal activities according to **Cortés-Zavaleta** *et al.* (2014) with some modifications. The bacterial supernatant was mixed with CYA agar medium at 45 °C to reach a final concentration of 5% (v/v) and poured into Petri plates (15 mL per plate). Next, 10 μ L of the spore suspension was placed in the center of the plates. Control plates containing only CYA agar medium mixed with MRS broth medium in the same proportions (5%, v/v) were used. During incubation at 25 °C, the diameters of the inhibition (I) % was calculated according to the following formula:

 $I = 100 \times (A_C - A_T) / (A_C),$

Where A_C and A_T are the diameters of mycelial growth in treated and control plates, respectively. All analyses were performed in triplicate.

Ochratoxin A extraction and analysis by High-performance liquid chromatography with fluorescence detection (HPLC-FLD)

Ochratoxin A (OTA) was extracted using the method described by Bragulat et al. (2001). Three agar plugs (diameter = 7 mm) were taken from the inner, central, and outer areas of each colony. After the plugs were weighed and distributed in flasks, 1 mL of methanol (99.9 %) was added, then the mixture was shaken for 5 s and incubated at 25 °C for 60 min. The extracts were centrifuged (HERMLE Z 230 MA, Labnet International, USA) three times for 10 min at 13,000 rpm. The supernatant was filtered on a hydrophilic PVDF filter (0.22 µm), then analyzed by HPLC (Agilent Technologies, USA) with fluorescence detection (FLD) (excitation at 333 nm, emission at 460 nm; calibration with OTA standard (Sigma Aldrich, Steinheim, Germany). The metabolites were separated on a C18 reverse phase column (Zorbax SB, particle size $4.6 \times 250 \text{ mm} \times 5 \text{ }\mu\text{m}$). OTA was analyzed in isocratic mode. The mobile phase (acetonitrile-water-acetic acid; 99: 99: 2, v/v/v) was pumped at 0.7 mL/min with an injection volume of 20 μ L. OTA was detected at around 11 min. By comparing the retention time of the peaks of the extract with the OTA standard and with co-injection, the final concentration (expressed in ng/g of CYA) was determined based on the calibration curve established for each series. All analyses were performed in triplicate.

RESULTS

Isolation of lactic acid bacteria

As previously described, lactic acid bacteria were isolated from various natural products of different Moroccan origin, including raw milk (cow, sheep, goats and camel), Smen, Jben, Lben, as well as brine of fermented olives and capers. Among 66 isolates, only 16 isolates were considered lactic acid bacteria since they were Gram-positive, catalase and oxidase negative, and immobile (Table 1). These isolates were tested for antifungal activity against *A. carbonarius* and *A. niger*.

Table 1 Origin and source of lactic acid bacterial isolates used for the study	of antifungal activity
--	------------------------

Isolates code Origin (city) A		Source of isolation	Gram	Catalase		
		Cow milk	Positive	Negative		
В		Cow milk	Positive	Negative		
С	_	Lben (Traditional fermented cow's milk)	Positive	Negative		
D	_	Lben (Traditional fermented cow's milk)	Positive	Negative		
E		Cow milk	Positive	Negative		
F		Fermented Capers	Positive	Negative		
Ĵ	Fez	Fermented Capers	Positive	Negative		
Н		Cow milk	Positive	Negative		
	_	Lben (Traditional fermented cow's milk)	Positive	Negative		
Lb		Sheep milk	Positive	Negative		
Ca	Taounate	Fermented Capers	Positive	Negative		
_V	Chefchaoun	Goat's milk	Positive	Negative		
Se	Tangier	Smen (Traditional butter)	Positive	Negative		
EO	Rabat	Fermented olive water	Positive	Negative		
Ld	Dakhla	Camel milk	Positive	Negative		
Lc	Errachidia	Camel milk	Positive	Negative		

Screening of the antifungal activity of lactic acid bacteria and molecular identification

According to the results of the 16 isolates studied, only four, named (F), (I), (C), and (D), were found to inhibit the growth of the two *Aspergillus* sp. tested. They were incubated at temperature of 30 °C for 48 h (Table 2, Figure 1); however, no inhibition was observed for the 16 isolates incubated at 25 °C and 37 °C for

incubation periods of 18 h and 24 h, respectively. In addition, the MRS agar medium appeared to promote the production of antifungal substances by the isolates (F), (I), (C), and (D) because the zones of inhibition that appeared on the MRS agar medium were larger than those on the M17 agar medium (Figure 2). Isolates (F), (I), (C), and (D) were retained for the following studies.

Table 2 Antifungal activity of lactic acid bacteria selected isolates using double layer method after incubation at 30 °C for 48 h

Tested strains	F	Е	G	H	A	С	В	Ι	D	Lb	Ld	Lv	Se	EO	ca	Lc
Aspergillus carbonarius (MUCL 49345)	+++	-	-	-	-	++	-	+++	++	-	-	-	-	-	-	-
Aspergillus niger (MUCL 49226)	+++	-	-	-	-	++	-	+++	++	-	-	-	-	-	-	-

(-): no antifungal activity, (++): moderate activity, (+++): high antifungal activity

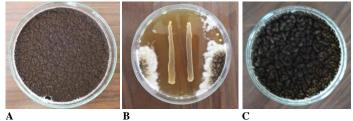


Figure 1 Growth of *Aspergillus niger* on CYA agar medium (control, **A**), inhibitory zone of *A. niger* due to the growth of isolate (F) after incubation at 30 $^{\circ}$ C/48 h (**B**) and growth of *A. niger* on MRS agar medium (control, **C**)

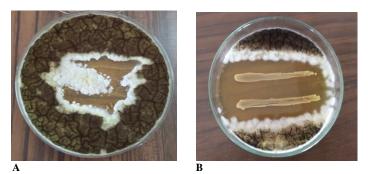


Figure 2 Comparison of the inhibition zones observed due to the growth of isolate (I) on M17 (A) and MRS (B) culture media

Molecular identification and differentiation of lactic isolates selected by PFGE (Pulsed-Field Gel Electrophoresis)

The four retained isolates were molecularly identified as *Leuconostoc mesenteroides* ssp. *mesenteroides* for (I), (C), and (D) and as *Lactococcus lactis* ssp. *lactis* for (F). After differentiation by PFGE of the three species of *Leuconostoc* (I, C and D) and after analysis of the dendrogram (Figure 3), it appeared that the three isolates are different but genetically similar with high percentages of similarity; (C) and (D) displayed 93.8% similarity, (I) and (D) displayed 97% similarity, and (I) and (C) displayed 95.3% similarity.

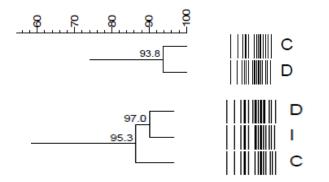


Figure 3 Dendrograms of differentiation between three isolates of *Leuconostoc* mesenteroides ssp. mesenteroides C, D and I, obtained after analysis by Bionumerics

Antifungal activity of bacterial supernatants

The antifungal activity results of the four prepared supernatants are shown in Figure 4. A. carbonarius, Lactococcus lactis ssp. lactis (F) and Leuconostoc mesenteroides ssp. mesenteroides (I) were found to inhibit fungal radial growth with significant percentages of 53.31% and 50.02%, respectively. The percentage of inhibition by the two strains of Leuconostoc mesenteroides ssp. mesenteroides (C and D) was moderate, with 33.02% and 28.89% growth inhibition, respectively. Likewise, the growth inhibition of A. niger was about 51.39% by Lactococcus lactis ssp. lactis F, with moderate growth inhibition of 37.45%, 36.61% and 28.69% by the three strains of Leuconostoc mesenteroides ssp. mesenteroides ssp. mesenteroides (I, C, and D) supernatants, respectively.

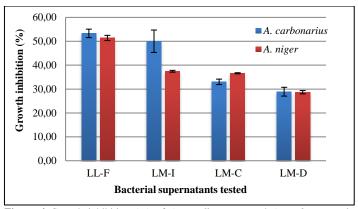


Figure 4 Growth inhibition (%) of Aspergillus niger and A. carbonarius, in presence of supernatants of Lactococcus lactis ssp. lactis (LL-F) and three strains of Lenconostoc mesenteroides ssp. mesenteroides (LM-I, LM-C and LM-D)

The effect of lactic acid bacteria supernatants on OTA production

The concentrations of OTA in the control culture of both Aspergillus species are similar, with 96.36 and 97.96 ng/g for A. niger and A. carbonarius, respectively (Table 3). The effect of the supernatants obtained from Lactococcus lactis ssp. lactis (F) and Leuconostoc mesenteroides ssp. mesenteroides (I), which appeared significant percentages of growth inhibition on OTA production by A. niger was very important. Indeed, this reduction was around 63.90% and 89.38% for the Lactococcus lactis ssp. lactis (F) and Leuconostoc mesenteroides ssp. mesenteroides ssp. mesenteroides (I) supernatants, respectively. Concerning A. carbonarius, while the reduction percentage of OTA production in the presence of the Lactococcus lactis ssp. lactis (F) supernatant (65.12%) was similar to that of A. niger (63.90%), it was only 19.35% with the Leuconostoc mesenteroides ssp. mesenteroides (I) supernatant.

Table 3 Quantification of OTA produced by the *Aspergillus* sp. treated with the supernatants of *Lactococcus lactis* ssp. *lactis* F and *Lenconostoc mesenteroides* ssp. *mesenteroides* I (LOD = 0.2 ppb)

_	Aspergillus (MUCL 49)		Aspergillus carbonarius (MUCL 49345)			
	OTA (ng/g agar)	Reduction	OTA (ng/g agar)			
Control supernatants	96.36 ± 8.87	of OTA %	97.96 ± 13.47	- Reduction of OTA %		
Lactococcus lactis ssp. lactis (F)	35.08 ± 8.66	63.90 %	34.17 ± 2.84	65.12 %		
<i>Leuconostoc mesenteroides</i> ssp. <i>mesenteroides</i> (I)	10.23 ± 3.99	89.38 %	79.01 ± 1.85	19.35 %		

DISCUSSION

Currently, the control of black mold contamination in vineyards is mainly based on the use of synthetic fungicides; however, the appearance of the secondary effects of these fungicides has called into question their use. Indeed, the appearance of resistant strains, the problems of residues at different stages of product life, and the negative brand image of the products induced by consumer dissatisfaction also justify the search for alternative methods to control, prevent, inactivate, retard, or inhibit growth of these spoilage fungi (Arfaoui, 2019; Garnier, 2017). In this study, the results obtained by qualitative methodology showed that the three Leuconostoc mesenteroides ssp. mesenteroides strains (I, C and D) and Lactococcus lactis ssp. lactis (F) inhibited the growth of A. carbonarius and A. niger. This inhibition can be attributed to the antifungal compounds produced by lactic acid bacteria, such as organic acids, fatty acids, bacteriocins, reuterin, diacetyl, and hydrogen peroxide (Salas et al., 2017; Crowley et al., 2013; Gerez et al., 2009; Prema et al., 2008; Magnusson et al., 2003; Lavermicocca et al., 2000). In addition, the efficiency of the antifungal activity of lactic acid bacteria depends on several factors, including temperature, incubation period, and culture medium used (Dalié et al., 2010). In this work, the antifungal activity observed in four tested strains was detected at a temperature of 30 °C and an incubation period of 48 h. Our results are in agreement with those obtained by different authors who showed that 30 °C was the most adequate temperature for the antifungal activity of different bacterial strains, such as Lactococcus lactis ssp. lactis (Roy et al., 1996), Lactobacillus coryniformis ssp. coryniformis (Magnusson & Schnürer, 2001), and Lactobacillus plantarum (Rouse et al., 2008). In contrast, Zhao (2011) observed that the maximum antifungal activity for Lactobacillus plantarum NB and Lactobacillus plantarum DC2 was obtained at temperatures of 25 and 37°C. Regarding incubation period, antifungal activity was not detected until after 48 h. This is in accordance with the results of Dalié (2010), which showed that antifungal activity improved with increasing incubation time. This could be related to antifungal compounds, likely secondary metabolites, which are released only during cell lysis when lactic acid bacteria are in a phase of declining growth (Dalié, 2010). We have also shown that antifungal activity of the four strains (F), (I), (C), and (D) was most important in MRS medium compared to M17 medium. According to Salas et al. (2017), the composition of MRS medium can have a significant impact on the expression of antifungal activity of lactic acid bacteria. This impact could be related to the presence of sodium acetate in MRS medium, which appears to reinforce antifungal activity. In addition, no effect was observed by using MRS medium as a control to inoculate both Aspergillus sp. tested. This shows that sodium acetate alone has no antifungal effect. Our results are in agreement with Schnürer and Magnusson (2005), Stiles et al. (2002), and Delavenne et al. (2012), confirming that sodium acetate present in MRS medium participates, in synergy with some antifungal compounds produced by lactic acid bacteria, in increasing the inhibitory effect.

Regarding the results of our quantitative methods, the supernatants of four selected isolated strains inhibited growth of both Aspergillus sp. studied, with percentages between 28.69% and 51.39%. These results confirm the presence of antifungal compounds in the supernatants. These percentages are similar to those obtained by Ben Taheur et al. (2019), which was 37.78% when using the supernatant of Lactobacillus kefiri (FR7) against A. carbonarius. Conversely, the results obtained by Le Lay et al. (2016) showed that Leuconostoc mesenteroides and Lactococccus lactis ssp. lactis had no effect on the growth of A. niger. This diversity in results agrees with Russo et al. (2017), which showed inter-specific variability in the spectrum of antifungal activity, especially with Lactobacillus plantarum. In fact, this difference in antifungal activity observed in lactic acid bacteria corresponding to the same species, or even to the same subspecies, suggests genetic diversity in the global genome. The results obtained by PFGE supported this hypothesis. Indeed, the three Leuconostoc (I, C and D) studied are different, with high percentages of similarity (Figure 4). It may be suggested that this genetic diversity, while being weak, nevertheless induces strain-dependent inhibitory activity.

In addition to deterioration of the nutritional and organoleptic quality of food, contamination by fungi often induces the formation of mycotoxins. Their presence in food constitutes a danger to human and animal health (**Dalié** *et al.*, **2010**). The most effective way to prevent contamination of food with mycotoxins is to prevent growth of mycotoxigenic fungi (**Varga** *et al.*, **2005**). In this study, we evaluated the ability of lactic acid bacteria to not only inhibit growth of *A. niger* and *A. carbonarius* but also their effects on OTA production. For this, (F)

and (I) isolate strains (those with significant percentages of growth inhibition) were selected. To our knowledge, this article is one of the first to study the effect of *Lactococcus lactis* ssp. *lactis* and *Leuconsotoc mesenteroides* ssp. *mesenteroides* on OTA production by *A. niger* and *A. carbonarius*.

In the case of A. niger, OTA production was reduced by roughly 89.38% with the use of the Leuconsotoc mesenteroides ssp. mesenteroides (I) supernatant and 63.90% in the case of Lactococcus lactis ssp. lactis (F). This reduction may be due to reduced mycelial growth after using bacterial supernatants. Indeed, Gerbaldo et al. (2012) and Dallagnol et al. (2018) noted a correlation between fungal growth and production of mycotoxins when using lactic acid bacteria. Thus, in our case, the growth inhibition observed may have contributed to this weak synthesis of mycotoxins; however, this correlation is not always effective (Dallagnol et al., 2018). Furthermore, this reduction of OTA production may also be linked to antifungal compounds produced by the lactic acid bacteria studied. Indeed, it is known that some antifungal compounds, especially organic acids, can diffuse through the membrane of target organisms in their undissociated hydrophobic form. In the cytoplasm, due to its neutrality, acid will dissociate and generate an accumulation of protons, thereby reducing intracellular pH. This generally causes inhibition of key enzymes of metabolism, inducing a loss of viability and cell destruction (Dalié et al., 2010; Le Lay, 2015; Lappa et al., 2018). By using the supernatant of Leuconsotoc mesenteroides ssp. mesenteroides (I), we found the percentage reduction of OTA production by A. carbonarius is only 19%. It is possible that A. carbonarius has developed resistant bacterial antagonism; however, this resistance is only observed in the presence of Leuconsotoc mesenteroides ssp. mesenteroides (I) and not with Lactococcus lactis ssp. lactis (F). This suggests the existence of other antifungal compounds involved in the reduction of OTA that are produced only by the Lactococcus lactis ssp. lactis (F) strain. This agrees with the work of Sadeghi et al. (2019), which showed that the antifungal activity of lactic acid bacteria is linked to the nature and quantity of the inhibitory compounds they produce.

Our study indicates that the selected strains of lactic acid bacteria can be applied as a biocontrol of fungi growth and mycotoxins production in food product. In fact, several studies showed that strains with *in vitro* antifungal activity were found to be either less or more active in food products. In general, this can be achieved either by adding the bacterial supernatant, purified antifungal compounds, or whole bacteria as active ingredients, or by spraying them into the surface of an intact fruit or wound, prior to inoculation of the fungal target (Le Lay *et al.*, 2016; Ben Taheur *et al.*, 2019).

CONCLUSION

This study demonstrated that four selected strains of lactic acid bacteria isolated from different fermented Moroccan products, are able to inhibit the growth of *A. niger* and *A. carbonarius*, with *Lactococcus lactis* ssp. *lactis* (F) and *Leuconostoc mesenteroides* ssp. *mesenteroides* (I) being the most active. Indeed, these two strains of lactic acid bacteria also reduced the production of OTA as indicated by high percentages. Nevertheless, *Lactococcus lactis* ssp. *lactis* (F) was able to reduce OTA production by *A. carbonarius* strain (65.12%). In contrast, *Leuconostoc mesenteroides* ssp. *mesenteroides* (I) was proved less efficient to inhibit OTA production from the same fungal strain (19.35%). In this regard, we suggest a resistance mechanism of fungal isolate upon bacterial antagonism. As such, the use of lactic acid bacteria as an alternative against fungal alterations would be more effective in the presence of a mixture of strains in order to avoid resistance mechanisms.

REFERENCES

Adesulu-Dahunsi, A. T., Sanni, A. I., Jeyaram, K., & Banwo, K. (2017). Genetic diversity of *Lactobacillus plantarum* strains from some indigenous fermented foods in Nigeria. *LWT-Food Science and Technology*. 82, 199-206. https://dx.doi.org/10.1016/j.lwt.2017.04.055.

Arfaoui, M. (2019). PhD thesis. Lutte biologique contre les moisissures toxinogènes. Université Tunis EL Manar. Tunisia.

Ben Taheur, F., Mansour, C., Kouidhi, B., & Chaieb, K. (2019). Use of lactic acid bacteria for the inhibition of *Aspergillus flavus* and *Aspergillus carbonarius* growth and mycotoxin production. *Toxicon*. 166, 15-23. https://dx.doi.org/10.1016/j.toxicon.2019.05.004.

Bragulat, M. R., Abarca, M. L., & Cabanes, F. J. (2001). An easy screening method for fungi producing Ochratoxin in Pure Culture. *International Journal of*

Food Microbiology. 71, 139-144. <u>https://doi.org/10.1016/S0168-1605(01)00581-5.</u>

Cabanes, F. J., & Bragulat, M. R. (2018). Black aspergilli and ochratoxin Aproducing species in foods. *Current Opinian in Food Science*. 23, 1-10. https://dx.doi.org/10.1016/j.cofs.2018.01.006.

Carr, F. J., Chill, D., & Maida, N. (2002). The lactic acid bacteria: a literature survey. *Critical Reviews in Microbiology*. 28, 281-370. https://dx.doi.org/10.1080/1040-840291046759.

Cheong, E. Y., Sandhu, A., Jayabalan, J., Le, T. T. K., Nhiep, N. T., Ho, H. T. M., Zwielehner, J. Bansal, N. & Turner, M. S. (2014). Isolation of lactic acid bacteria with antifungal activity against the common cheese spoilage mould *Penicillium* commune and their potential as biopreservatives in cheese. *Food Control.* 46, 91-97. https://dx.doi.org/10.1016/j.foodcont.2014.05.011.

Cortés-Zavaleta, O., López-Malo, A., Hernández-Mendoza, A., & García, H. S. (2014). Antifungal activity of lactobacilli and its relationship with 3-phenyllactic acid production. *International Journal of Food Microbiology*. 173, 30-35. https://dx.doi.org/10.1016/j.ijfoodmicro.2013.12.016.

Crowley, S., Mahony, J., & Van Sinderen, D. (2013). Current perspectives on antifungal lactic acid bacteria as natural bio-preservatives. *Trends in Food Science and Technology*. 33, 93-109. https://dx.doi.org/10.1016/j.tifs.2013.07.004.

Dalié, D. K. D. (2010). PhD thesis. Biocontrôle des moisissures du genre *Fusarium* productrices de fumonisines par sélection de bactéries

lactiques autochtones de maïs. Université Bordeaux I. France.

Dalié, D. K. D., Deschamps, A. M., & Richard-Forget, F. (2010). Lactic acid bacteria potential for control of mould growth and mycotoxins: A review. *Food Control.* 21, 370-380. <u>https://dx.doi.org/10.1016/j.foodcont.2009.07.011</u>.

Dallagnol, A. M., Bustos, A. Y., Martos, G. I., Valdez, G. F., & Gerez, C. L. (2018). Antifungal and antimycotoxigenic effect of *Lactobacillus plantarum* CRL 778 at different water activity values. *Revista Argentina de Microbiologia*. 51, 164-169. <u>https://dx.doi.org/10.1016/j.ram.2018.04.004</u>.

Delavenne, E., Mounier, J., Déniel, F., Barbier, G., & Le Blay, G. (2012). Biodiversity of antifungal lactic acid bacteria isolated from raw milk samples from cow, ewe and goat over one-year period. *International Journal of Food Microbiology*. 155, 185-190.

https://dx.doi.org/10.1016/j.ijfoodmicro.2012.02.003.

De Man, J.C., Rogosa, M. & Sharpe, M.E. (1960). A medium for the cultivation of lactobacilli. *Journal of Applied. Bacteriology.* 23, 130-135. <u>https://doi.org/10.1111/j.1365-2672.1960.tb00188.x.</u>

Farkas, J. (2001). Physical methods for food preservation. In food microbiology: Fundamentals and frontiers. 567-592.

Gajbhiye, M. H., & Kapadnis, B. P. (2016). Antifungal-activity-producing lactic acid bacteria as biocontrol agents in plants. *Biocontrol Science and Technology*. 26, 1451-1470. <u>https://dx.doi.org/10.1080/09583157.2016.1213793</u>.

Garnier, L., Valence, F., & Mounier, J. (2017). Diversity and control of spoilage fungi in dairy products: An update. *Microorganisms*. 5. https://dx.doi.org/10.3390/microorganisms5030042.

Gerbaldo, G. A., Barberis, C., Pascual, L., Dalcero, A., & Barberis L. (2012). Antifungal activity of two *Lactobacillus* strains with potential probiotic properties. *FEMS Microbiology Letters*. 332, 27-33. https://dx.doi.org/10.1111/j.1574-6968.2012.02570.x.

Gerez, C. L., Torino, M. I., Rollan, G., & Font de Valdez, G. (2009). Prevention of bread mould spoilage by using lactic acid bacteria with antifungal properties. *Food Control.* 20, 144-148. <u>https://dx.doi.org/10.1016/j.foodcont.2008.03.005.</u>

Godon, J. J., Zumstein, E., Dabert, P., Habouzit, F., & Moletta R. (1997). Molecular microbial diversity of an anaerobic digestor as determined by smallsubunit rDNA sequence analysis. *Applied and Environmental Microbiology*. 63, 2802-2813. https://dx.doi.org/10.1128/AEM.63.7.2802-2813.1997.

IARC (International Agency for Research on Cancer). (1993). Ochratoxin A. En: Monographs on the evaluation of carcinogenic risks to humans: some naturally occurring substances. Food items and constituents, heterocyclic aromatic amines and mycotoxins: Geneva, Switzerland, IARC, Lyon France. 56, 489-521.

Lappa, I. K., Mparampouti, S., Lanza, B., & Panagou, E. Z. (2018). Control of *Aspergillus carbonarius* in grape berries by *Lactobacillus plantarum*: A phenotypic and gene transcription study. *International Journal of Food Microbiology*. 275, 56-65. https://dx.doi.org/10.1016/j.ijfoodmicro.2018.04.001.

Lavermicocca, P., Valerio, F., Evidente, A., Lazzaroni, S., Corsetti, A. & Gobbetti, M. (2000). Purification and characterization of novel antifungal compounds by sourdough *Lactobacillus plantarum* 21B. *Applied and Environmental Microbiology*. 66, 4084-4090. https://dx.doi.org/10.1128/aem.66.9.4084-4090.2000.

Le Lay, C. (2015). PhD thesis. Recherche de microorganismes antifongiques pour la réduction des risques de contaminations fongiques dans les produits de BVP et étude des molécules actives. Université de Bretagne occidentale. France. Le Lay, C., Mounier, J., Vasseur, V., Weill, A., Le Blay, G., Barbier, G., & Coton, E. (2016). *In vitro* and *in situ* screening of lactic acid bacteria and propionibacteria antifungal activities against bakery product spoilage molds.

Food Control. 60, 247-255. https://dx.doi.org/10.1016/j.foodcont.2015.07.034.

Legan, J. D. (1993). Mould spoilage of bread: the problem and some solutions. *International biodeterioration & biodegradation*. 32, 33-53. https://dx.doi.org/10.1016/0964-8305(93)90038-4.

Leong, S. L. (2005). PhD thesis. Black *Aspergillus* species: implications for ochratoxin A in Australian grapes and wine. University of Adelaide. Austria.

Magnusson, J., & Schnurer, J. (2001). *Lactobacillus coryniformis* subsp. *coryniformis* strain Si3 produces a broad-spectrum proteinaceous antifungal compound. *Applied and Environmental Microbiology*. 67, 1-5. https://dx.doi.org/10.1128/AEM.67.1.1-5.2001.

Magnusson, J., Ström, K., Roos, S., Sjögren, J., & Schnürer, J. (2003). Broad and complex antifungal activity among environmental isolates of lactic acid bacteria. *FEMS Microbiology Letters*. 219, 129-135. <u>https://dx.doi.org/10.1016/S0378-1097(02)01207-7.</u>

Muhialdin, B. J., Hassan, Z., & Saari, N. (2013). Lactic Acid Bacteria in Biopreservation and the enhancement of the functional quality of bread, lactic acid bacteria - R&D for Food. Health and Livestock Purposes, Marcelino Kongo, IntechOpen. <u>https://dx.doi.org/10.5772/51026.</u>

Nielsen, F. N., Mogensen, J. M., Joansen, M., Larsen, T. O., & Frisvad, J. C. (2009). Review of secondary metabolites and mycotoxins from the *Aspergillus niger* group. *Analytical and Bioanalytical Chemistry*. 395, 1225-1242. https://dx.doi.org/10.1007/s00216-009-3081-5.

Pfohl-Leszkowicz, A., & Manderville, R. A. (2007). Ochratoxin A: An overview on toxicity and carcinogenicity in animals and humans. *Molecular Nutrition and Food Research*. 51, 61-99. <u>https://dx.doi.org/10.1002/mnfr.200600137</u>.

Pitt, J. I., & Hocking, A. D. (2009). Fungi and food spoilage (Vol. 519). New York: Springer.

Prema, P., Šmila, D., Palavesam, A., & Immanuel, G. (2008). Production and characterization of an antifungal compound (3-Phenyllactic acid) produced by *Lactobacillus plantarum* strain. *Food and Bioprocess Technology*. 3, 379-386. https://dx.doi.org/10.1007/s11947-008-0127-1.

Rouse, S., Harnett, D., Vaughan, A., & van Sinderen, D. (2008). Lactic acid bacteria with potential to eliminate fungal spoilage in foods. *Journal of Applied Microbiology*. 104, 915-923. <u>https://dx.doi.org/10.1111/j.1365-</u>2672.2007.03619.x.

Roy, U., Batish, V. K., Grover, S., & Neelakantan, S. (1996). Production of antifungal substance by *Lactococcus lactis* subsp. *lactis* CHD-28.3. *International Journal of Food Microbiology*. 32, 27-34. <u>https://dx.doi.org/10.1016/0168-1605(96)01101-4</u>.

Russo, P., Arena, M. P., Fiocco, D., Capozzi, V., Drider, D., & Spano, G. (2017). *Lactobacillus plantarum* with broad antifungal activity: a promising approach to increase safety and shelf-life of cereal-based products. *International Journal of Food Microbiology*. 247, 48-54. https://dx.doi.org/10.1016/j.ijfoodmicro.2016.04.027.

Sadeghi, A., Ebrahimi, M., Raeisi, M., & Nematollahi, Z. (2019). Biological control of foodborne pathogens and aflatoxins by selected probiotic LAB isolated from rice bran sourdough. Biological Control. 130, 70-79. https://dx.doi.org/10.1016/j.biocontrol.2018.09.017.

Salas, L. M., Mounier, J., Valence, F., Coton, M., Thierry, A., & Coton, E. (2017). Antifungal Microbial Agents for Food Biopreservation-A Review. *Microorganisms*. 5, 37. <u>https://dx.doi.org/10.3390/microorganisms5030037.</u>

Sanger, F. & Coulson, A.R. (1975). A rapid method for determining sequences in DNA by primed synthesis with DNA polymerase. *Journal of Molecular Biology*. May 25; 94(3):441–448. <u>https://doi.org/10.1016/0022-2836(75)90213-</u>2.

Schnürer, J., & Magnusson, J. (2005). Antifungal lactic acid bacteria as biopreservatives. *Trends in Food Science and Technology*. 16, 70-78. https://dx.doi.org/10.1016/j.tifs.2004.02.014.

Selouane, A., Bouya, D., Lebrihi, A., Decock, C., & Bouseta, A. (2009). Impact of some environmental factors on growth and production of ochratoxin A by *Aspergillus tubingensis*, *A. niger*, and *A. carbonarius* isolated from Moroccan grapes. *Journal of Microbiology*. 47, 411-419. https://dx.doi.org/10.1007/s12275-008-0236-6.

Stiles, J., Penkar, S., Plocková, M., Chumchalová, J., & Bullerman, L. B. (2002). Antifungal activity of sodium acetate and *Lactobacillus rhamnosus*. *Journal of Food Protection*. 65, 1188-1191. <u>https://dx.doi.org/10.4315/0362-028X-65.7.1188</u>.

Terzaghi, B. E., & Sandine, W. E. (1975). Improved medium for lactic streptococci and their bacteriophages. Applied Microbiology. 29 (6): 807–813. PMCID: PMC187182.

Varga, J., Péteri, Z., Tábori, K., Téren, J., & Vágvölgyi, C. (2005). Degradation of ochratoxin A and other mycotoxins by *Rhizopus* isolates. *International Journal of Food Microbiology*. 99, 321-328. https://dx.doi.org/10.1016/j.ijfoodmicro.2004.10.034.

Wagacha, J. M., & Muthomi, J. W. (2008). Mycotoxin problem in Africa: current status, implications to food safety and health and possible management strategies. *International Journal of Food Microbiology*. 124, 1-12. https://dx.doi.org/10.1016/j.ijfoodmicro.2008.01.008.

Wiktor, V. (2008). PhD thesis. Biodétérioration d'une matrice cimentaire par des champignons : Mise au point d'un test accéléré de laboratoire. Ecole des Mines de Saint-Etienne. France.

Zhao, D. (2011). PhD thesis. Isolation of antifungal lactic acid bacteria from food sources and their use to inhibit mold growth in cheese. Faculty of California Polytechnic State University San Luis Obispo. USA.