**REGULAR ARTICLE** 

# OPTIMIZING CONDITIONS FOR SPECTROPHOTOMETRIC DETERMINATION OF TOTAL POLYPHENOLS IN WINES USING FOLIN-CIOCALTEU REAGENT

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# ABSTRACT

Wine is a complex beverage that obtains its properties mainly due to synergistic effect of alcohol, organic acids, carbohydrates, as well as the phenolic and aromatic substances. At present days, we can observe an increased interest in the study of polyphenols in wines that have antioxidant, antimicrobial, anti-inflammatory, anti-cancer and many other beneficial effects. Moderate and regular consumption of the red wine especially, with a high content of phenolic compounds, has a beneficial effect on human health. The aim of this work was to optimize conditions for spectrophotometric determination of total polyphenols in wine using Folin-Ciocaulteu reagent. Based on several studies, in order to minimize chemical use and optimize analysis time, we have proposed a method for the determination of total polyphenols using 0.25 ml Folin-Ciocaulteu reagent, 3 ml of 20% Na<sub>2</sub>CO<sub>3</sub> solution and time of coloring complex 1.5 hour. We found out that our optimized method and standard method provides the same results, so our optimized method can be futher used for the determination of total polyphenol content in wines. In doing so, the cost of chemicals for one analysis will decrease more than 10 times.

Keywords: determination, Folin-Ciocalteu reagent, method, polyphenols, spectrophotometry, wine

### INTRODUCTION

Phenolic compounds are important components of wine, especially red wine, and they significantly contribute to the antioxidant and sensory properties of wine. Polyphenols are extensive and complex group of compounds. The most represented group of phenolic compounds in wine are phenolic acids, flavonoids (anthocyanins, flavonols and catechins, tannins), stilbenes and lignans (Jackson, 2008; Lea *et al.*, 1979). Waterhouse (2002) devides wine phenolics into 2 groups: non-flavonoids: hydroxycinnamates, hydroxybenzoates and the stilbenes; plus the flavonoids: flavan-3-ols, the flavonols, and the anthocyanins. The amount of polyphenols in wine is influenced by many factors, including climatic and pedological conditions of vineyard, temperature and length of maceration, variety of grapes, yeast spiece, winemaking technology,  $SO_2$  and alcohol content, pH, etc. (Villano *et al.*, 2006; Lachman and Šulc, 2006).

Different types of methods are used to analyze the content of phenolic compounds in wines, such as chromatography, electroseparation and especially optical methods. One of the most used and also one of the easiest methods for determination of total polyphenols is the spectrophotometric method using Folin-Ciocalteu (FC) reagent which was suggested by Folin and Denis (1912) and later was modified by Folin and Ciocalteu (1927). Its principle is based on the oxidation of phenolic compounds in alkaline medium with molybdenum and tungsten phosphate to form a blue-colored complex. The intensity of blue-colored tungsten-molybdenum complexes with polyphenols is measured spectrophotometrically at the wavelength of 750 nm. This method was later modified many times and the method proposed by Singleton and Rossi (1965) is the most widely used for analysis of total polyphenol (TP) content in wines. Many other authors (Alonzo et al., 2002; Lachman et al., 2003; Šulc et al., 2003; Vichitphan el al., 2007; Majo et al., 2008; Satora et al., 2011; etc.) reported and proposed modification of this method.

The aim of this study was to propose and optimize the conditions for the spectrophotometric determination of TP content in wines using FC reagent. We have optimized the following parameters: volume of FC reagent, volume of 20% Na<sub>2</sub>CO<sub>3</sub> solution and time of colouring molybdenum-tungsten complex with polyphenols.

#### **MATERIAL AND METHODS**

We have been using the method proposed by **Šulc** *et al.* (2003) for the analysis of TP content in wines in our laboratory, which is based on method published by Singleton and Rossi (1965). Analysis procedure was as follows: 1 ml of wine sample was pipetted into 50 ml volumetric flask an then 5 ml of destilled water was added. 2.5 ml of FC reagent was added into volumetric flask and also 7.5 ml of 20% Na<sub>2</sub>CO<sub>3</sub> solution after 3 minutes. The mixture was filled with distilled water up to volume 50 ml and it was left at the laboratory temperature for 2 hours to coloring the complex. By the same procedure the blank and calibration solutions of gallic acid were prepared. Finally the absorbance of samples and calibration solutions was measured against blank solution at the wavelength 765 nm. Total polyphenol content in wines was calculated as amount of gallic acid equivalent (GAE) in mg per 1 litre of wine.

Method of **Šulc** *et al.* (2003) we have chosen as a standard (default) method. When we optimized the method, we examined the possibilities of addition smaller amount of FC reagent (0.1; 0.25 and 0.5 ml) against standard volume (2.5 ml) of FC reagent. Simultaneously we examined the possibilities of addition smaller amount of 20% Na<sub>2</sub>CO<sub>3</sub> solution (2; 3 and 4 ml) against standard volume (7.5 ml) of 20% Na<sub>2</sub>CO<sub>3</sub> solution. As a final factor, we examined the time required for coloring molybdenum-tungsten complexes with polyphenols. We tested the possibility of using various times (0.5; 1 and 1.5 hour) compared with the standard time (2 hours). For optimization of the parameters, we used 3 kinds of quality, dry wines which characteristics are listed in Table 1.

Sample	Variety	Producer	Vineyard area	Colour	Vintage	Alcohol content
MT	Müller Thurgau	Vindevie, s.r.o. Rimavská Sobota	South Slovak	white	2010	10.5%
CS	Cabernet Sauvignon	Vinárske závody Topoľčianky, s.r.o.	Nitra	red	2010	11%
FM	Blaufränkisch	Vinárske závody Topoľčianky, s.r.o.	Nitra	rosé	2009	11%

Table 1 Wine samples used in optimization of the method and their characteristics

All analyses were performed as four parallels. Statistical analysis were performed using the software Statistica 6.0 (StatSoft) and the results were evaluated by analysis of variance ANOVA at the significance level  $\alpha = 0.05$ .

### **RESULTS AND DISCUSSION**

### Optimization of the amount of FC reagent used in determination of TP content

The first step in the optimization of the method was to compare the results of determination of TP contents in real wine sample (MT) using tested (0.1 - 0.5 ml) and standard volume of FC reagent (2.5 ml). Using the above mentioned quantities of FC reagent we chose such a concentration range of standard solutions containing gallic acid (0.4 - 2.0 mg.l<sup>-1</sup>), in which all three calibration curves were linear (Fig. 1).



Figure 1 Testing of linearity of the calibration curves using various volumes of FC reagent

When testing the conformity of the results, we found that already amount of 0.25 ml FC reagent is sufficient for analysis of TP content in wines (Tab. 2).

Using this amount of FC reagent (0.25 ml), 10-fold increase in saving will be achieved. Using this amount of FC reagent, the cost of chemicals for one analysis will decrease from 25 eurocents to 2.5 eurocents. Using of 0.1 ml of FC reagent, the results of conformity testing were statistically different and this quantity (0.1 ml) of FC reagent is not sufficient for the TP content analysis.

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Volume of FC reagent in ml	2.5 standard	0.1	0.25	0.5	
Equation of	y=0.108x +	y=0.07x +	y=0.0768x +	y=0.0927x +	
calibration curve	0.0108	0.0042	0.0095	0,0075	
Correlation coeficient R <sup>2</sup>	0.997	0.9994	0.9983	0.9968	
1. measurement	282.4	271.4	288.1	272.9	
2. measurement	273.1	271.4	281.6	286.9	
3. measurement	291.7	275.0	281.6	283.7	
4. measurement	275.5	271.4	281.6	279.1	
5. measurement	289.4	267.9	288.1	275.9	
Arit. Average	282.4	271.4	284.2	279.7	
Variation range	18.6	7.1	6.5	14.0	
Conformity <sup>A</sup>	-	no	yes	yes	

**Table 2** Comparison of total polyphenol contents (in mg.l<sup>-1</sup>) in wine sample MT using various amounts of FC reagent

<sup>A</sup>- conformity of measurement with the measurement of default method

# Optimization of the amount of 20% Na<sub>2</sub>CO<sub>3</sub> solution used in determination of TP content

Disodium carbonate is a very strong alkali and its effects on the skin are significantly negative (caustic) when working with the solution with high content (20%) of  $Na_2CO_3$ .

**Table 3** Comparison of total polyphenol contents (in mg. $l^{-1}$ ) in wine sample MT using variousamounts of 20% Na<sub>2</sub>CO<sub>3</sub> solution

Volume of 20% Na <sub>2</sub> CO <sub>3</sub> in ml	7.5 standard	2.0	3.0	4.0
Equation of collibration auro	y=0.0765x +	y=0.0828x	y=0,0818x	y=0.0775x
Equation of canoration curve	0.0056	+0.0037	+0.0053	+0.006
Correlation coeficient R <sup>2</sup>	0.9991	0.9998	0.9992	0.999
1. measurement	281.1	294.0	286.7	288.0
2. measurement	277.8	291.0	283.7	284.7
3. measurement	287.8	285.0	289.8	288.0
4. measurement	274.4	285.0	289.8	288.0
5. measurement	287.8	297.1	286.7	297.7
Arit. average	281.8	290.4	287.3	289.3
Variation range	13.4	12.1	6.1	13.0
Conformity <sup>A</sup>	-	no	yes	yes

<sup>A</sup> - conformity of measurement with the measurement of default method

Similarly, high levels of  $Na_2CO_3$  can sometimes cause precipitation of some substances in wine. Therefore, it was necessary to optimize (minimize) the amount of 20%  $Na_2CO_3$  solution used in determination of total polyphenols in wine.

Using various amounts of 20%  $Na_2CO_3$ , we found out that already amount of 3 ml of 20%  $Na_2CO_3$  is sufficient for the analysis of TP content in wines (Tab. 3).

## Optimization of the time of coloring complex in the determination of total polyphenols

Two hours is the standard time for colouring of blue-colored tungsten-molybdenum complex with polyphenols in standard method. We tested the possibility of using various times (0.5; 1 and 1.5 hours) compared with the standard time. We found out that already time -1.5 hour is sufficient for the analysis of TP content in wines (Tab. 4).

Using times -0.5 and 1 hour for colouring complex, the results of conformity testing were statistically different and these times are not sufficient for the TP content analysis.

Time of coloring the complex in hours	2.0 standard	0.5	1.0	1.5
Equation of calibration	y=0.0825x +	y=0.0795 +	y=0.0808x +	y=0.082x
curve	0.0072	0.0076	0.0081	+0.0082
Correlation coeficient R <sup>2</sup>	0.9996	0.9983	0,9991	0,9996
1. measurement	279.4	291.6	286.0	281.2
2. measurement	282.2	288.9	288.3	283.9
3. measurement	282.2	290.7	288.9	281.2
4. measurement	285.2	289.8	288.9	283.9
5. measurement	285.2	289.8	288.9	278.2
Arit. average	282.8	290.2	288.2	281.7
Variation range	5.8	2.7	2.9	5.7
Conformity <sup>A</sup>	-	no	no	yes

**Table 4** Comparison of total polyphenol contents (in mg.l<sup>-1</sup>) in wine sample MT using various times for colouring tungsten-molybdenum complex with polyphenols

<sup>A</sup> - conformity of measurement with the measurement of default method

### Verification of optimized method for the analysis of TP content using real wine samples

At the end of our work, we compared the optimized method and the standard method for the determination of total polyphenols in wine using 3 real samples of wines (white, rosé and red) with different TP contents. The results of determination of total polyphenols in all 3 real wine samples showed statistical conformity (at the significance level  $\alpha = 0.05$ ) of measurements obtained by optimized and standard method (Tab. 5). It follows that our optimized method can be futher used for the determination of total polyphenol content in wines. In doing so, the cost of chemicals for one analysis will decrease more than 10 times (from 25 to 2.5 eurocents), if we consider only the price of the most expensive chemical - FC reagent, as the price of other chemicals used in analysis of TP content in wines is negligible compared to price of FC reagent.

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Sample	CS <sup>S</sup>	CS <sup>o</sup>	FM <sup>S</sup>	FM <sup>0</sup>	MT <sup>S</sup>	MT <sup>o</sup>
1. measurement	2885	3011	442.8	469.7	279.8	288.4
2. measurement	2885	2979	451.7	488.7	286.5	282.1
3. measurement	2952	2916	478.5	463.4	279.8	285.2
4. measurement	2907	2916	456.2	463.4	282.1	278.9
5. measurement	2952	2979	442.8	469.7	282.1	291.5
Arit. average	2916.2	2960.2	454.4	470.98	282.06	285.22
Variation range	67	95	29.7	25.3	6.7	12.6
<b>Conformity<sup>B</sup></b>	yes		yes		yes	

**Table 5** Comparison of the results of determination of total polyphenols in various wine samples (in mg GAE.1<sup>-1</sup>) obtained with standard and optimized methods

<sup>s</sup> – standard method <sup>o</sup> – optimized method

<sup>B</sup> - conformity between measurements obtained with optimized and standard method



Figure 2 Calibration curves using standard and our optimized method

Although the sensitivity of the optimized method for detemination of total polyphenols in wines is approximately 1.4-times lower than the sensitivity of standard method (Fig. 2), but the factor of sensitivity is not very important due to high content of phenolic compounds in wines (200 - 4000 mg GAE per 1 liter).

# CONCLUSION

We have optimized and verified the method for determination of total polyphenols in wines. The price of one analysis of the optimized method is 10-times lower than price of one analysis of the standard method, developed by **Šulc** *et al.* (2003). We have optimized 3 main parameters of the determination of polyphenolic compounds in wines: the amount of FC reagent to 0.25ml, the amount of 20% Na<sub>2</sub>CO<sub>3</sub> solution to 3 ml and time necessary for colouring blue-colored tungsten-molybdenum complex with polyphenols to 1.5 hour.

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