

# ANTIBACTERIAL AND BIOCHEMICAL EFFECTS OF ETHANOL LEAF EXTRACT OF SENNA HIRSUTA MILL USING ANIMAL MODEL-MICE

Fred Coolborn Akharaiyi\*<sup>1</sup>, Bolatito Boboye<sup>2</sup>, Victoria Omolara Akpambang<sup>3</sup>

Address(es): Mr. Fred Coolborn Akharaiyi,

<sup>1</sup>Biological Sciences Department, Afe Babalola University, P. M. B. 5454, Ado Ekiti, Ekiti State, Nigeria.

<sup>2</sup> Microbiology Department, Federal University of Technology, P. M. B. 704, Akure, Ondo State, Nigeria.

<sup>3</sup> Chemistry Department, Federal University of Technology, P. M. B. 704, Akure, Ondo State, Nigeria.

\*Corresponding author: <u>akharaiyifc@gmail.com</u>

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ABSTRACT

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This study was carried out to investigate the *in-vitro* and *in-vivo* antibacterial and biochemical activities of 50, 100 and 200mg.mL<sup>-1</sup> concentrations of ethanol leaf extract of *Senna hirsuta* (hairy senna) against seven human pathogenic bacteria species namely: *Pseudomonas aeruginosa, Escherichia coli, Klebsiella pneumoniae, Staphylococcus aureus, Enterococcus faecium, Bacillus cereus and Salmonella typhi*. The *in-vitro* bioassay revealed the leaf extracts of valuable antibacterial activity where zones of inhibition ranging from 12.1mm to 39.1mm were observed on the test bacteria species. Among the test bacteria, *K. pneumoniae* was the most inhibited and *S. typhi* the least inhibited. On mice infection with the bacteria species for three days, decrease in weight of mice was observed. The *in-vivo* therapeutic use of the extracts in mice infected with the bacteria pathogens resulted to weight gain of the mice and other physiological changes that indicated health improvement of the mice and was also of hepatoprotective potential. The *in-vivo* antioxidant assay exhibited satisfactory therapeutic effects where improvement in aspartate aminotransferase (AST), alanine aminotransferase (ALT), and alkaline phosphatase (ALP) status of mice was observed on comparing results of the positive and negative controls.

Keywords: Plant extracts, activities, antibacterial, albino mice, biochemical

### INTRODUCTION

Nature has been a source of medicinal agents for thousands of years and an impressive number of modern drugs have been isolated from natural sources (**Cragg and Newman, 2001**) where many are based on their use in traditional medicine. Antimicrobial drugs have caused a dramatic change not only of the treatment of infectious diseases but of a fate of mankind. Antimicrobial chemotherapy made remarkable advances, resulting in the overly optimistic view that infectious diseases would be conquered in the near future. Plant compounds are of interest as a source of safer or more effective substitutes than synthetically produced antimicrobial agents. Higher plants as sources of medicinal compounds have continued to play a dominant role in the maintenance of human health since ancient times (**Ahmed et al., 1998**). Over 50% of all modern clinical drugs are of natural product origin and natural clinical products play an important role in drug development programme in the pharmaceutical industries (**Khan et al., 2009**).

The use of natural medicine is a popular practice in Nigeria hence diverse species of plants that serves as antimicrobial agents. In Nigeria, more than 80 medicinal plants are used in different combinations in the preparations of herbal formulations effective in treatment of several diseases of microbial and non microbial origins. Despite this, only a small proportion of hepatoprotective plants as well as formulations used in traditional medicine are pharmacologically evaluated for their safety and efficacy.

Several Bacteria species have been reported to cause diseases in man which need urgent attention to avoid death. Some bacteria species such as *S. dysenteriae*, *P. aeruginosa*, *E. coli* and *K. pneumoniae* among others have been reported to be associated with nosocomial and community acquired infections. If their colonization occurs in critical body organs such as the lungs, the urinary tract, and kidneys, the results can be fatal and may result to oxidative stress cascade by free radicals which cause damage in cell structures that include proteins and DNA along with lipid peroxidation (**Tiwari, 2001; Nagmoti et al., 2011**). Novel traditional technologies such as infusion, decoction and concotion with water solutions to high polar solvents such as ethanol, and methanol extractive methods have been used to improve herbal therapy in traditional medicine. Practices in using one or more of the mentioned methods have helped in providing lasting solutions for prevention and curing of deleterious diseases in the traditional way.

The agitation is that though majority of these plants extracts have been found useful in antibacterial, antifungal, antimicrobial, anti-tumur, anti inflammatory, antihypertensive and other deleterious diseases, emphases is however not laid on any negative effect on human organs such as liver, kidney intestine etc.

Many species of Senna have been used medicinally, they have a rich history in natural medicine and they have been known since the 9<sup>th</sup> or 10<sup>th</sup> century as purgative and laxatives. Seeds and leaves of S. hirsuta are substituted for coffee. S. hirsuta has a unique effect for Senna in that it is used to treat poisoning caused by food, water, alcohol and inhalation. As a precaution, no Senna species should be taken by women who are pregnant, breast-feeding or in their menstrual period (Monkheang et al., 2011). According to (Dennis, 1988). Senna bark and oil extract are used for flavouring purposes and in soaps, candy and perfumery. The leaf is the ubiquitously used part because of its utilization and therapeutic values. But generally, the leaf, flower, root and seed are used in herbal medicine all over the world. Their actions include, analgesic, antibacterial, antifugal, antihepatotoxic, anti inflammatory, antiseptic, antiparasitic, diaphoretic emmenagogue, laxative, vermifuge, purgative, stomachic, febrifuge and other reproductive problems arbortifacient (Burkill, 1994; Dennis, 1988). Economically, the roasted seeds can be used to substitute coffee, which is well used throughout the range of the plant's dispersal. The plant is potent for curing herpes, chest pains and elephantiasis (Burkill, 1994). Though little information is available on its antimicrobial effect, there is no report in the literature on the protective effect of formulated Senna hirsuta extract against pathogenic bacterial infection induced liver injury. The aim of this study is to evaluate S. hirsuta ethanol leaf extract for effectiveness in in-vitro and in-vivo inhibition of the growth of some selected pathogenic bacteria, its effect in biochemical and histological indices in mice.

## MATERIAL AND METHODS

## Collection of plant samples and extracts preparations

Healthy looking leaves of *S. hirsuta* was collected from forest in Akure, Ondo State, Nigeria and identified in Department of Forestry and Wood Technology, Federal University of Technology, Akure, Nigeria. The voucher number of the

plant AF 1506 was deposited in the herbarium. The plants parts were air dried for 3 weeks at room temperature of  $25\pm2^{\circ}$ C on side bench in the laboratory and then ground to powder with a mechanical grinder.

#### Test bacteria isolates

Common clinical bacteria species were obtained from Microbiology Department, Federal University of Technology, Akure. The bacteria includes: *Pseudomonas aeruginosa, Enterococcus faecium, Bacillus cereus, Salmonella typhi, Escherichia coli, Klebsiella pneumoniae* and *Staphylococcus aureus*. These bacteria isolates were identified by cultural characteristics such as shape, colour, seize, elevation, gram staining and biochemical tests such as catalase, coagulase, oxidase, motility and carbohydrate utilization as described by **Cheesbrough**. (2003). Identification of the bacterial isolates was done by comparing their characteristics with those of known taxa as described in Bergey's manual for Determinative Bacteriology according to **Holt et al.** (1994).

### Bioassay of the plant extract

Antibacterial activity of the extracts was assayed using agar diffusion technique. The crude ethanol leaf extracts was assayed against the test bacteria species where 0.5mL of 24 h broth culture  $(1.0 \times 10^6 \text{ cell.mL}^{-1})$  was poured plated with Mueller Hinton agar and allowed to stand for about 2 h. A cork borer of 1mm size was used to bore wells on the bacterial seeded petri dishes. Prepared extract concentrations of 50, 100, 200 mg.mL<sup>-1</sup> were carefully introduced into the wells. The plates were labeled and incubated at 37° C for 24 h. After incubation, clear zones of inhibition around the well indicate the sensitivity rate of the test bacteria to each of the extract concentrations. Streptomycin at 20mg.mL<sup>-1</sup> was used as control. Diameters of inhibition zones created were measured and taken as index of degree of sensitivity.

#### **Experimental animals**

Thirty two apparently healthy Swiss albino mice of between 23-35 g were used. The animals were contained in a cage and maintained under standard laboratory conditions. They were given rodent pellets (Vital feeds) and water *ad libitum*. They were acclimatized for 2 weeks and were fasted over night with free access to water prior the experiments. The animals were conducted in compliance with NIH Guide for Care and Use of Laboratory Animals.

## Test bacteria inoculation into mice and treatment with extract

The mice were weighed and randomized into 8 groups of 4 animals each. Group one served as negative control and was allowed to normal feed and water. 1mL of 10<sup>3</sup> Cfu.mL<sup>-1</sup> of washed *E. coli* cells were administered to each mouse in group two orally with the aid of a wash bottle whose dispenser was directly laid on the mice throat in a single dose per day for 72 h. This was repeated with K. pneumoniae in group three, S. aureus in group four, E. faecium in group five, B. cereus in group six, S. typhi in group seven and P. aeruginosa in group eight. The animals were observed continuously for any gross change in behavioral, neurological, autonomic profiles and mortality in each group. The test organisms were confirmed in the mice faeces by plating 1mL each of serially diluted samples on MacConkey agar, Eosin methylene blue agar, Mannitol salt agar, Salmonella Shigella agar and nutrient agar. Based on colonial colour and cultural characteristics on the selective media, resultant colonies were purified and identified for confirmation of their presence in faeces of the mice each organism was fed. On noticing symptoms of illness in the mice, one mouse in each group was isolated and left untreated thus serving as positive control while the remaining three were administered with 50, 100 and 200mg.kg<sup>bw</sup> of extract in a single dose for three days.

#### Preparation of serum and liver homogenate

The mice were made unconscious in a jar containing cotton wool soaked in chloroform. Thereafter, their jugular veins were cut; head held downwards and allowed to bleed into a clean, dry centrifuge tubes. The tubes were left at room temperature for 10 min and centrifuged at 33.5 x g for 15 min. The sera were aspirated using Pasteur pipettes into clean, dry, sample bottles and stored at  $-20^{\circ}$  C for 24 h. Immediately after collection of blood, the mice were dissected to remove liver which were transferred into 0.25 M sucrose solution. The liver was blotted with tissue paper, cut very thinly with sterile scalpel blade and homogenized in ice-cold 0.25M sucrose solution (1:5 v/v) (**Akanji et al., 1993**). The homogenates were further centrifuged at 1340 x g for 15 min to obtain supernatant, which was then carefully collected into sample bottle and used for the various biochemical assays.

#### Aspartate aminotransferase Activity assay

The method of (Bergmeyer *et al.*, **1986a**) was adopted with little modifications. Briefly, aspartate aminotransferase (AST) activity was measured by monitoring the following information of oxaloacetate hydrazone with 2, 4dinitrophenylhydrazine. 0.5mL each of AST substrate phosphate buffer was pipette into sample blank (B) and sample test (T) test tubes respectively. 0.1mL serum sample was added to the sample test (T) only and mixed immediately; and incubated in a water bath for 30 minutes at 37° C. After incubation, 0.5mL of 2,4dinitrophenyldydrazine each was added to both sample tubes. Also, 0.1mL of the sample was added to sample blank (B) only. The medium was mixed and allowed to stand for 20 minutes at 25° C. Finally, 5.0mL of (NaOH) was added to both sample tubes, mixed thoroughly and absorbance of the test sample was read at a wavelength of 550nm against sample blank after 5 minutes.

#### Alanine aminotransferase activity assay

The method of (**Bergmeyer** *et al.*, **1986b**) was also adopted. Briefly, alanine aminotransferase (ALT) was measured by monitoring the concentration of pyruvate hydrazone formed with 2,4-dinitrophenylhydrazine. 0.5mL each of ALT substrate phosphate buffer was pipette into two sets of test tubes labelled B (sample blank) and T (sample test) respectively. 0.1mL was added to sample test (T) only, mixed properly and incubated for 30 minutes in a water bath regulated at  $37^{\circ}$  C. After incubation, 0.5mL each of 2,4-dinitrophenylhydrazine was added to both tubes. Also, 0.1mL of serum sample was added to both test at  $25^{\circ}$  C. Thereafter, 5.0mL each (NaOH) solution was added to both test tubes, mixed thoroughly and absorbance of the test sample was read against sample blank at a wavelength of 550nm after 5 minutes.

## Assay of Alkaline Phosphatase Activity

This method was based on the principle that serum alkaline phosphatase hydrolyses a colourless substrate of phenolphthalein monophosphate giving rise to phosphoric acid and phenolphthalein which at alkaline pH values turns into a pink colour that can be photometrically determined. 1.0 mL of distilled water was pipette into 2 sets of test tubes and labeled SA (sample) and ST (standard) respectively. Then one drop each of chromogenic substrate was added to the distilled water in the two sets of test tubes. The contents were mixed and incubated at 37° C for 20 minutes in a water bath. After which a standard solution of 0.1mL was added to sample test tube (SA). The contents were mixed and incubated at 37° C for 20 minutes in a water bath. 5.0mL each colour developer was added to both sets of test tubes. Absorbance of the sample against the blank (water) was read at a wavelength of 550 nm. The activity of alkaline phosphatase in the serum was obtained from the formula (calculations) below:

$$\frac{\text{ST O. D}}{\text{SA O. D}} * 30 = \text{U. L of Alkaline phosphatase}$$

Where: ST O.D = Standard Optical Density, SA O.D = Sample Optical Density.

#### Histological examination of Liver

Liver tissues were collected from the controls and extract treated after bacterial infection and washed in normal saline. The liver tissues were cut to small sizes and dehydrated with grades of ethanol starting from 50% - absolute. They were cleared in xylene, impregnated in paraffin wax, embedded and sectioned with a microtome at 4-7µm. The sectioned tissues were stained with haematoxylin and eosin; mount with DPX and photographed. The photographed images were observed with microscope and interpreted according to the level of damages or protection potentials.

# Statistical Analysis

The experimental data were expressed as mean  $\pm$  S.E.M (Standard error of mean). Data were analyzed by the analysis of variance (ANOVA).

## RESULTS

#### Bioassay of the plant extract

The inhibitory activities of ethanol leaf extract concentrations of *Senna hirsuta* against seven bacteria species is shown in Figure 1. From the results obtained, 50mg.mL<sup>-1</sup> extract concentration most inhibited *K. pneumoniae* with a zone of 23.1mm, followed by *P. aeruginosa* with an inhibition of 22.8mm, *E. coli* with 20.3mm, while the least inhibition by this concentration was 17.5mm on *S. aureus.* The 100mg.mL<sup>-1</sup> concentration most inhibited *E. coli* with a zone of 27.4mm followed by *K. pneumoniae* with inhibitory zone of 26.6mm, *S. aureus* with an inhibition of 26mm and least inhibition of 25.3mm was observed on *B. cereus.* The 200mg.mL<sup>-1</sup> extract concentration also most inhibited *E. coli* with a zone of 39.9mm, followed by *K. pneumoniae* which was inhibited with 39.1mm zone. However, the least inhibition. The control drug (streptomycin) at

concentration of 20mg.mL<sup>-1</sup> most inhibited *B. cereus* with 16.2mm, followed by *P. aeruginosa, E. faecium*, and *S. typhi* with inhibition zones of 15mm, 14mm and 12.1mm respectively. However, *E. coli, K. pneumoniae* and *S. aureus* were resistant to this drug at the employed concentration.

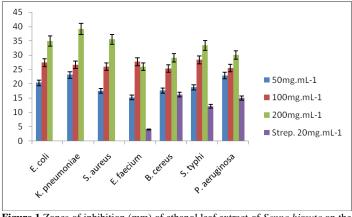


Figure 1 Zones of inhibition (mm) of ethanol leaf extract of *Senna hirsuta* on the bacteria isolates.

Figure 2 illustrates weight (g) of mice before and after treatment with plant extract concentrations. Results showed it that the weight lost of mice infected with *E. faecium* decrease from 160g to 152g. But after treatment with the plant extracts, subsequent increase in weight gain to162g was observed. Similarly, mice infected with *B. cereus* initially weighed 190g and decreased to 182g. Meanwhile weight gain of 97% after treatment with the plant extracts was observed. Similar trend of decrease in weight was as well observed on the rest treatments after inoculated with bacteria pathogens and increase in weight after treatment with plant extracts.

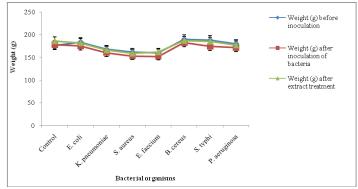
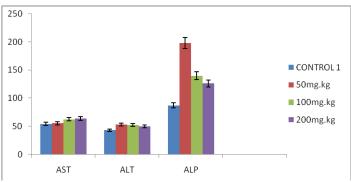
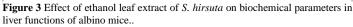


Figure 2 Weight of mice before, after inoculation and after extract treatment

### **Biochemical Assay**

Figure 3 illustrates the biochemical enzyme makers of mice administered with the test bacteria species and co administered with extract concentrations. Increase in values were observed in aspartate aminotransferase (AST), alanine aminotransferase (ALT), and alkaline phosphatase (ALP) in the bacterial infected mice when compared with the negative control mice. In negative control mice, average values of AST, ALT, ALP are  $55.53 \pm 1.53$ ,  $53.22 \pm 3.16$ , and  $198.18 \pm 3.74$  (U.L) respectively. In groups of mice co administered with the different leaf extract concentrations after exposure to test bacteria, revealed close values in all the biochemical parameters. AST values obtained in  $50m_2kg^{bw}$ ,  $100m_2kg^{bw}$  and  $200m_2kg^{bw}$  body weight leaf extract after inoculation of bacteria species are  $55.53 \pm 1.53$ ,  $62.79 \pm 2.56$  and  $64.32 \pm 2.18$  (U.L) respectively while the ALT, values are  $53.22 \pm 3.16$ ,  $52.30 \pm 2.44$  and  $50.14 \pm 2.10$  (U.L).





#### Histological examination of Liver

Plates 1 shows the representative histopathological sections of liver tissue treated with 50 - 200mg.mL<sup>-1</sup> of *S. hirsuta* ethanol leaf extract after infections with bacterial pathogens, where normal architectural structure, localized area of necrosis, hepatic necrosis and portal triad were observed as a sign of liver protection ability by the extracts concentration.

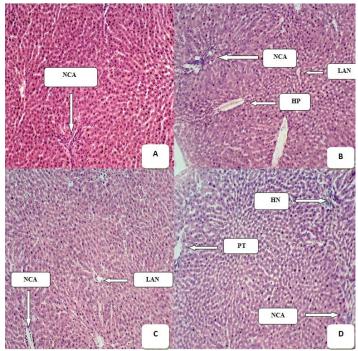


Plate 1 Histology of liver of mice untreated and treated with the various extract concentrations

(A): Representative of histopathological section of the Liver of Mice Fed With Normal Diet and Water Showing Normal Cellular Architecture (NCA); (B): Representative of histopathological section of the Liver of Mice dosed with 50mg.mL<sup>-1</sup> of *S. hirsuta* Showing Normal Cellular Architecture (NCA) hepatic necrosis (HP) and localized area of necrosis (LAN); (C): Representative of histopathological section of the Liver of Mice dosed with 100mg.mL<sup>-1</sup> of *S. hirsuta* Showing Normal Cellular Architecture (NCA) and localized area of necrosis (LAN); (D): Representative of histopathological section of the Liver of Mice dosed with 200mg.mL<sup>-1</sup> of *S. hirsuta* Showing Normal Cellular Architecture (NCA), Portal triad and hepatic necrosis.

### DISCUSSION

The zones of inhibition produced by *S. hirsuta* extract on the test bacteria species were varied in the extract concentrations. The extracts showed more inhibitory activity at higher concentration of 200mg.mL<sup>-1</sup> than at lower concentrations of 100 and 50mg.mL<sup>-1</sup>. The explicit antibacterial activity at higher extract concentrations. This is in agreement with the claim that antimicrobial agents function better at higher concentrations demonstrated by *S. hirsuta* in antibacterial potency, invariably reflected in the hepatoprotective activities and this could be as a result of its phytochemical compounds able to inhibit bacteria and antioxidant potentials able to protect organs from reactive oxygen species (ROS) generated during bacterial infections. The spectrum of antibacterial potential of plant extracts in medicine. Therefore, plants evolutions

in antimicrobial and hepatoprotective activity are important aspects in prediction of potential drugs or herbal preparations found effective in managing diseases most especially by those that accept their innumerable values for alternative therapy. Related studies of antimicrobial activity indicated that crude extracts containing flavonoids, triterpenes and steroids have showed significant activity against various strains of bacteria (Chattopadhyay et al., 2001). Inhibition of the bacteria species with black pepper extracts and ampicilin, a commercial antibiotic as control also has been reported by (Karsha and Lakshmi, 2010). It has been reported that antibiotics are not the only antibacterial agents and this study observed the effective potency of the studied plant extracts on the selected bacterial isolates than some of the highly rated antibiotics (reference drug) in disease cure and prevention. The quantity desired and methods of preparation of extracts to avoid contamination are of paramount importance in bio-assay quality. Contamination with heavy metals generally originates from polluted irrigation water, particulate air material; polluted air materials polluted soils and inappropriate storage conditions. Hence appreciable inhibitory results was obtained by the use of the plant extracts it is acknowledge that contaminations was minimal which immensely could have helped in the valuable antibacterial potency observed. Plant extracts are natural products hence are gifts from Mother Nature and ordinarilly are suposed to be disease-free. Full range of plants have dexhibited nutritional supplements, phytochemicals and provitamins that help in sustaining good health and fighting diseases and are now being described as functional foods, nutriceuticals, and nutraceuticals (Loganayaki and Manian, 2010). Many herbals are on the market to support health, relieve symptoms and cure diseases but most of these products lack scientific pharmacological validation (Mohamed et al., 2010). In experimental hepatotoxicity models in laboratory on higher animals, several herbals exerted hepato-protective/curative effects that warrants their clinical testing. Due to lack of scientific-based pharmacological data, most of the herbal formulations cannot be recommended for the treatment of liver diseases (Stickel and Schuppan, 2007), thus our study detailed on antimicrobial, antioxidant and hepatoprotective activity of S, hirsuta leaf extracts.

Biochemical test like aspartate aminotransferase (AST), alanine aminotransferase (ALT), and alkaline phosphatase (ALP) are commonly measured clinically as a part of a diagnostic evaluation of hepatocellular injury to determine liver health. When used in diagnostics, it is always measured in international units/liter (U.L), from the result obtained, the plant extract demonstrated hepatoprotective property at the concentrations employed. This is in correlation with the study of (Wang, 2012). The inoculation of bacteria species into the mice caused significant elevation in enzymes level such as AST, ALT and ALP which have been attributed to damaged structural integrity of liver because they are cytoplasmic in location and released into circulation after cellular damages indicating development of hepatotoxicity (Adewale and Olubukola, 2013; Yahya et al., 2013). The amount of these biochemical makers in circulation on analyses gave a predictive level of hepatocellular damages. Evaluated activities of AST and ALT in serum are indicative of cellular leakage and loss function integrity of cell membranes in liver (Rajesh andLatha, 2004). The elevated activities of AST, ALT and ALP are indicative for cellular leakage and loss of functional integrity of the liver cell membrane (Bhadauria, 2012; Shaker et al., 2010) and mitochondrial disruption respectively (Xu et al., 2011). Stabilization activities of the biochemical parameters investigated with treatment by the plant extracts manifested distinct improvement in the functional status of liver cells, which may be due to free radical scavenging action of the extracts. The administration of ethanol leaf extract of S. hirsuta has prevented the increase of serum marker enzymes (AST, ALT, ALP) levels which was reflected in hepatoprotective activity. The serum levels of AST, ALT and ALP of the mice returned to almost normal with the healing of hepatic parenchyma and the regeneration of hepatocytes after treatment with ethanol extract. This indicates that on extension of treatment with the extracts, normal architectural structures of liver organ would be retained. This obtained result is in agreement with the results of (Sallie et al., 1991). However, it is of the understanding that the chemical constituents of the extracts has causal role in in vivo prevention of diseases caused by the test bacteria species thus healing the mice from their infections. The biochemical results obtained correlates with the liver histopathology where recovery from injuries was the sustenance by the extracts.

Medicinal plants from the tropical and subtropical climates are recognized to possess many medicinal properties. Apart from the commonly consumed vegetables, some under consumed medicinal plants are known in traditional medicine, especially in rural communities of developing countries. These are rarely consumed, unknown, and unfamiliar and have not received much attention as antioxidant sources compared to common vegetables. This could be due to their lack of popularity among local people, lack of scientific information on their nutritional values and lack of promotion or campaigns for these medicinal plants. These medicinal plants are of great importance to consumers considering the biological health benefits they bring and their role as anti aging agents (Subramanion et al., 2012). The present study proves that *S. hirsuta* extracts can be of suitable source for a drug of choice which can resist the toxic effects generated by bacteria in their infections to a considerable extent. It also highlighted that the ethanol extracts could lower down the enzymatic activity thus the architectural structures of liver in the extract treated that was comparable

to the control due to healing of sustained injuries during infection. This could be as a result of effective quenching of ROS generated by bacterial infection in the mice. The present study could help as an indicator for the evaluation of different biomarkers of bacterial toxicity on infection and ways out to their possible treatment or prevention.

The mechanisms of microorganisms survive the action of antimicrobial agents have not been well understood and this is making it to remain a non perfect way for a drug of permanent use on bacteria inhibition without discovering side effects. Plants extracts or plants based potential drugs have been of better therapeutic use than synthetically produced drugs. It is of interest in this study the importance of potential plant extracts to control bacteria which have been of threat to human health majorly in rural and urban areas of developing countries where modern medicines are not easily assessed. The findings in this study have scientific information which could serve as an important platform for the development of inexpensive, safe and effective natural medicines for prevention and cure of diseases of bacterial and possibly of non bacterial origins.

# CONCLUSION

This study shows that *S. hirsuta* could be a suitable antibacterial agent against some pathogenic bacteria. Also the result showed that *S. hirsuta* has significant potency on bacterial induced hepatoxicity. The observed antibacterial activity support the traditional use of *S. hirsuta* extract against infectious diseases. In addition the observed hepatoprotective activity of the test plant, suggests that it may contain antioxidant and free radical scavenging properties.

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