

## COMPARISON OF 2-DE PROTEOME MAPS OF WHEAT, RYE AND AMARANTH

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### ABSTRACT

The protein maps of wheat (*Triticum aestivum* L.), cv. Brea; rye (*Secale cereale* L.), cv. Oklon and amaranth (*Amaranthus* sp.) cv. Plaisman were obtained by performing 2-DE over a broad pH range (pH 3-11NL) to obtain total protein profiles. Focussing on the gluten fraction, as it is the major trigger for Celiac disease, proteins were separated with a basic pI over a narrow pH range of pH 6-11. Putative identifications of proteins were determined using current literature. The overall spot pattern from wheat over pH 6-11 was identified as gamma-gliadins (~ pI 8-10, M<sub>r</sub>s 28 - 30, 000 Da), alpha/beta-gliadins (~pI 6.5-7.5, M<sub>r</sub>s 25 - 35, 000 Da) and gluten proteins (pI 6-10, M<sub>r</sub>s 35 - 60, 000 Da). The rye had a higher number of abundant groups visible over a broad range (~ 6-200,000 Da, pI 4-9). Comparison of rye to wheat protein maps showed that each cereal had completely different spot patterns in the LMW region of the gels (<14,000 Da), but similarities were observed in the HMW and MMW regions. This is especially evident in the pH 6-11 gels. Amaranth has many proteins focussed between pH 3-11. Fewer proteins were observed for the pH 6-11 gel, especially in the HMW weight region of the gel. This is due to the fact that the pseudocereals are a botanically different species compared to cereal grasses, and even if they are rich in protein, unfavourable fractions are not present or are only available in small amounts.

**Keywords:** Amaranth, buckwheat, 2-DE protein maps, celiac disease

### INTRODUCTION

Celiac disease (CD) is characterized by small-intestinal mucosal injury and nutrient malabsorption in genetically susceptible individuals in response to the dietary ingestion of wheat gluten and similar proteins in barley and rye. CD constitutes permanent intolerance to dietary wheat proteins, especially gluten. The protein intolerance of CD is mediated by the enhanced gastrointestinal mucosal immune system, which is activated. At the present time, perspective group of crops for the gluten-free diet for celiac disease appear to be so called pseudocereals (Wieser and Koehler, 2008).

Some cereals (rice, maize and others) and pseudocereals (amaranth, buckwheat and quinoa), rich in proteins, do not contain gluten, which is the main cause of celiac disease. It is known that alcohol soluble prolamins predominate in cereals. Globulins are predominant in legumes and other dicotyledones. Recent findings suggest that Western diets based on highly palatable foods are likely to be much less satiating than more ethnic foods or those typical of less developed countries. In particular, some alternative crops (e.g. buckwheat, oat, barley, spelt, rye, quinoa, amaranth) seem to be of great nutritional interest and to represent important recipes for healthier and typical regional foods (Gorinstein et al., 2007). Therefore, in the last decade, the use of pseudocereals was increased not only in special diets for people allergic to cereals, but also in healthy diets. Comparative protein studies of cereals and pseudocereals are important, especially in cases of cereal protein allergy when pseudocereal substitution is unavoidable.

Two-dimensional gel electrophoresis (2-DE) is one of the most powerful and common tools for separation and fractionation of complex protein mixture extracted from tissues, cells, and other biological specimens. It is an orthogonal technique that allows separation of thousands of proteins in one gel and in a two tandem electrophoretic steps where a major proportion of proteins can be resolved for further analysis (Weiss and Görg, 2007; Vensel et al., 2014).

The objectives of our work was to prepare and compare two-dimensional gel electrophoresis protein maps of wheat, rye and amaranth from the point of view detection of coeliac active proteins.

### MATERIAL AND METHODS

#### Plant material

Seeds of wheat (*Triticum aestivum* L.) cv. Brea, rye (*Secale cereale* L.) cv. Oklon, amaranth (*Amaranthus* sp.) cv. Plaisman were used for analyses. Seeds

from the Gene Bank of the Research Institute of Plant Production, Piešťany (Slovak Republic) were obtained and by CU Mill, (Lionhill Company a.s.) were milled to a homogenous flour.

#### Methods

#### Two - dimensional gel electrophoresis (2-DE)

##### Samples preparation

Proteins from the flour were extracted by adding 1 ml of buffer [250 µl DTT (28 mg·ml<sup>-1</sup>), 12.5 µl IPG buffer (carrier ampholytes) and 237.5 µl ultra-pure water to 2 ml IPG rehydration buffer (7 mol·dm<sup>-3</sup> urea, 2 mol·dm<sup>-3</sup> thiourea, 2 % CHAPS)] to 50 mg of flour. The samples were then wheel-mixed for 1 h, RT and then centrifuged 3 min, 9, 000 x g, RT. The protein content of the supernatant (SN) was estimated by Coomassie Plus protein assay (Thermo Scientific, Pierce, UK) (based on the Bradford assay) and samples were stored at -20 °C until use. The protein content of the oat extract was insufficient, so the Compact-Able™ Protein Assay Preparation Reagent Set (Thermo Scientific, Pierce, UK) was used to precipitate the protein, which was then re-suspended in the extraction buffer as described previously.

**1<sup>st</sup> Dimension - Isoelectric focussing (IEF):** Immobilised pH gradient (IpG) strips (GE Healthcare, Amersham UK), 7 cm, pH 3-11 NL and pH 6-11, were used for the first dimension. Strips were hydrated O/N at 20°C 125 µl rehydration buffer [7 mol·dm<sup>-3</sup> urea; 2 mol·dm<sup>-3</sup> thiourea, 2 % w/v CHAPS; 0.5 mol·dm<sup>-3</sup> DTT; relevant pH range IPG buffer; 0.001 % w/v bromophenol blue] containing ~ 40 µg protein of sample. Focussing was performed at 20 °C, current 50 µA per strip (300V 30 min 0.2 kVh; 1000 V 30 min, 0.3 kVh; 5000 V, 1 h 20 min, 4.0 kVh; 5000 V, 25 min, 2.0 kVh). Focussed IPG strips were stored at -80 °C until required.

**2<sup>nd</sup> Dimension - SDS PAGE:** Focussed IPG strips were equilibrated in tris-acetate equilibration buffer [0.122 mol·dm<sup>-3</sup> tris-acetate containing 0.5 % w/v SDS; 6 mol·dm<sup>-3</sup> urea; 3 % w/v glycerol; 52 mmol·dm<sup>-3</sup> DTT; 0.01% w/v Bromophenol blue]. After 30 min strips were derivatised in the dark with 0.14 mol·dm<sup>-3</sup> iodoacetamide in equilibration buffer for a further 30 min. Strips were then transferred to 1 mm, 4-12 % Bis-Tris Zoom™ gels for the second dimension. Gels were run at 200 V and 100 W per gel for 35 min using 1 x MES SDS Running Buffer. Gels were fixed O/N in 40 % v/v methanol containing 10 % w/v TCA before staining with SYPRO Ruby Stain (Invitrogen, UK) in the dark O/N. After de-staining O/N with 10 % v/v methanol and 6 % TCA, gels were imaged using a high-resolution molecular imager (PHAROS FX™ Plus,

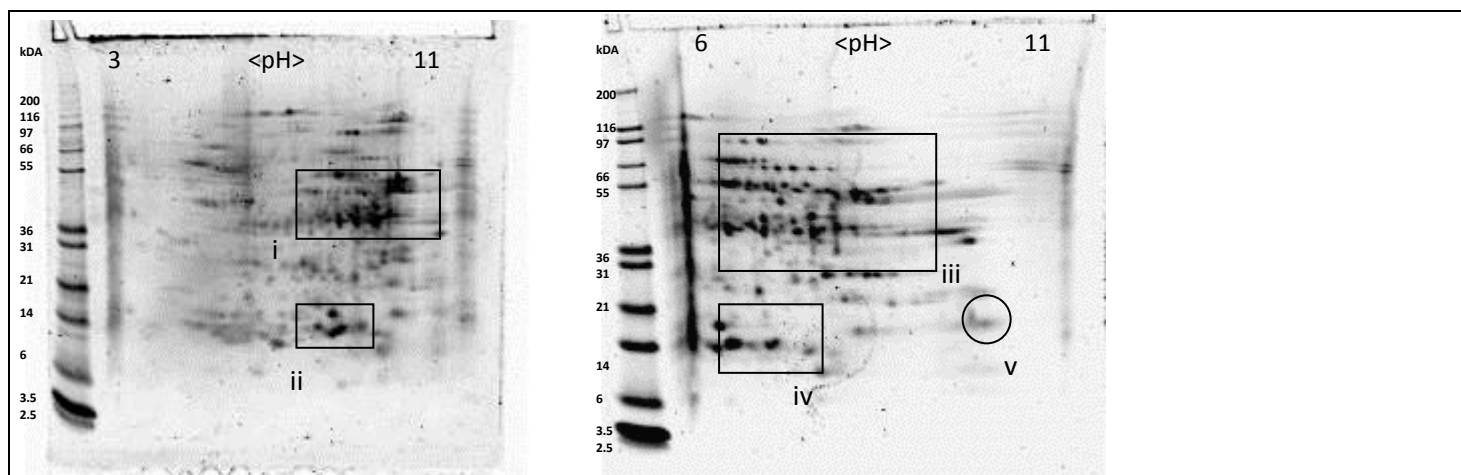
Bio Rad, UK). Imaged gels were returned to de-stain solution and stored in the dark at 4 °C until required.

## RESULTS AND DISCUSSION

The gluten fraction of wheat flour is the main cause of the development of Coeliac disease. Determination of individual gluten peptides responsible for toxicity and immunogenicity is very difficult because, gluten is a mixture of proteins that are closely related (Parnell and Ciclictira, 1999). Initially, the toxicity of a well-defined group of  $\alpha/\beta$ -type gliadins, called  $\alpha$ -gliadin, was established, by means of instillation into the small intestine, followed by biopsy (Wieser and Koehler, 2008). The toxicity of  $\alpha$ -gliadin was subsequently confirmed by *in vitro* organ culture tests. Later, both *in vivo* and *in vitro* studies implicated all gliadin fractions, with decreasing activity from  $\alpha$ - to  $\omega$ - gliadins, as instrumental in causing disease (Parnell and Ciclictira, 1999). The  $\alpha$ -gliadin is the most toxic fraction and this protein has a relative low molecular weight of approximately 30 kDa (Parnell and Ciclictira, 1999; Wieser and Koehler, 2008).

Protein separation is a core part of proteomics analysis and two-dimensional gel electrophoresis is a basic and fundamental procedure to separate each protein from protein complexes. 2-DE with immobilized pH gradients (IPGs) combined with protein identification by mass spectrometry (MS) is currently the workhorse for proteome analysis. Two-dimensional gel electrophoresis has frequently been used to characterize the diversity of protein components. The first dimensional involves isoelectric focusing, in which proteins are fractionated across a specific pH range using commercially available pH gradient strips. The second-dimension fractionation resolves the proteins on the basis of molecular mass, using sodium dodecyl sulfate polyakrylamide gel electrophoresis (SDS-PAGE) (Skylas et al., 2000). The aim of our study was to evaluate the electrophoretic profiles of storage proteins of wheat, rye and amaranth seeds, which were obtained by two-dimensional electrophoresis.

Our results showed, that many proteins of wheat were focussed over pH 3-11 (figure 1) between 6,000 – 120,000 Da and the most abundant proteins were observed in the basic region of the gel; including three abundant proteins visible at approximately pI 7, 14,000 Da (figure 1ii). These corresponded to trypsin/alpha-amylase inhibitors previously identified from the soluble fraction of wheat dough (Salt et al., 2005), as well as in immature wheat-grain endosperm proteins (Skylas et al., 2000). A larger abundant protein group was visible between 36-55,000 Da (figure 1i) and these proteins were resolved at the correct mass and pI range for gluten, previously identified by Skylas et al., (2000); where a group of high molecular weight glutenin subunits with pI 5.5-6.5, 66-100,000 Da. and a group of omega gliadins with pI 5.0-6.0, 45-55, 000 Da were observed using 2-DE. This group is particularly important for celiac disease, so these basic proteins were separated over a narrower range of pH 6-11 (figure 1iii). It was obvious that these proteins were highly abundant as they were much better resolved and well-defined spots were achieved over this basic pH range (pH 6-9). These proteins formed a distinct pattern of spots allowing comparison with 2-D maps of other cereal proteins. It was also observed, that the alpha-amylase/trypsin inhibitors were better resolved in the basic region (figure 1iv). Although these proteins are not linked to celiac disease, they have been reported to trigger bakers asthma and have been linked to food allergy (James et al., 1997). The overall spot pattern from wheat (cv. Brea) over pH 6-11 (figure 1) was partially similar to those reported by Skylas et al. (2000), Mamone et al. (2005) and Akagawa et al. (2007). These included proteins identified as gamma-gliadins (~pI 8-10, M<sub>s</sub> 28 - 30, 000 Da), alpha/beta-gliadins (~pI 6.5-7.5, M<sub>s</sub> 25 - 35, 000 Da) and gluten proteins (pI 6-10, M<sub>s</sub> 35 - 60, 000 Da.). A cluster of polypeptides resolved at the end of pH 6-11 gel may be tritin (~pI 9.5-10, M<sub>s</sub> 25, 000 Da) (figure 1v), a protein synthesis inhibitor, which was previously identified by MALDI-MS (Salt et al., 2005).



**Figure 1** Protein maps of wheat (cv. Brea)

The 2-DE protein maps in figure 2 represents the proteins of mature rye seed flour. Although rye belongs to a similar tribe as wheat quite big differences were observed for the 2-DE protein map of rye. The other cereals had a small number of abundant groups, mainly focussed in the basic regions of the gels however, rye had a higher number of abundant groups visible over a broad range (~ 6-200,000 Da, pI 4-9). Highly abundant proteins visible at approximately 55,000 Da, pI 6-9 (figure 2i) and 40,000 Da, pI 6-9 (figure 2ii) were observed as over-lapping spots forming an isoelectric streak. These proteins were running at the correct Mr and pI observed for high-molecular-weight glutenin subunits (HMW) and low-molecular-weight glutenin subunits (LMW) of glutenin (Gellrich et al., 2003). Rocher et al. (1996) identified  $\gamma$ - and  $\omega$ -type secalins together with two low molecular mass glycoproteins as the major coeliac immunoreactive proteins from a chloroform/methanol soluble extract from rye endosperm. One  $\omega$ -type secalins of 40 kDa ( $\omega$ 1-40); three  $\gamma$ -type secalins one of

70 kDa ( $\gamma$ -70) and two of 35 kDa ( $\gamma$ -35); as well as two low molecular mass glycoproteins of 15 and 18 kDa, all exhibit coeliac serum antigenicity. Coeliac immunogenic secalins,  $\gamma$ -70,  $\gamma$ -35 and  $\omega$ 1-40 indicated molecular masses of 71,457, 32,240 and 39 117 Da respectively. There is absence of information about rye proteins, especially of those obtained by 2-D electrophoresis.

When proteins were separated over a narrow pH range of pH 6-11, we found some proteins that were at similar pI and Mr to protein spots separated on wheat 2-DE gels, including isoelectric streaks of protein spots in the region of 55,000 Da, pI 6-7 (figure 2a) and in the region of 45-50,000 Da, pI 6-8 (figure 2b). Comparison of rye to wheat (figure 1) protein maps showed that each cereal had completely different spot patterns in the LMW region of the gels (<14,000 Da), but similarities were observed in the HMW and MMW regions. This is especially evident in the pH 6-11 gels.

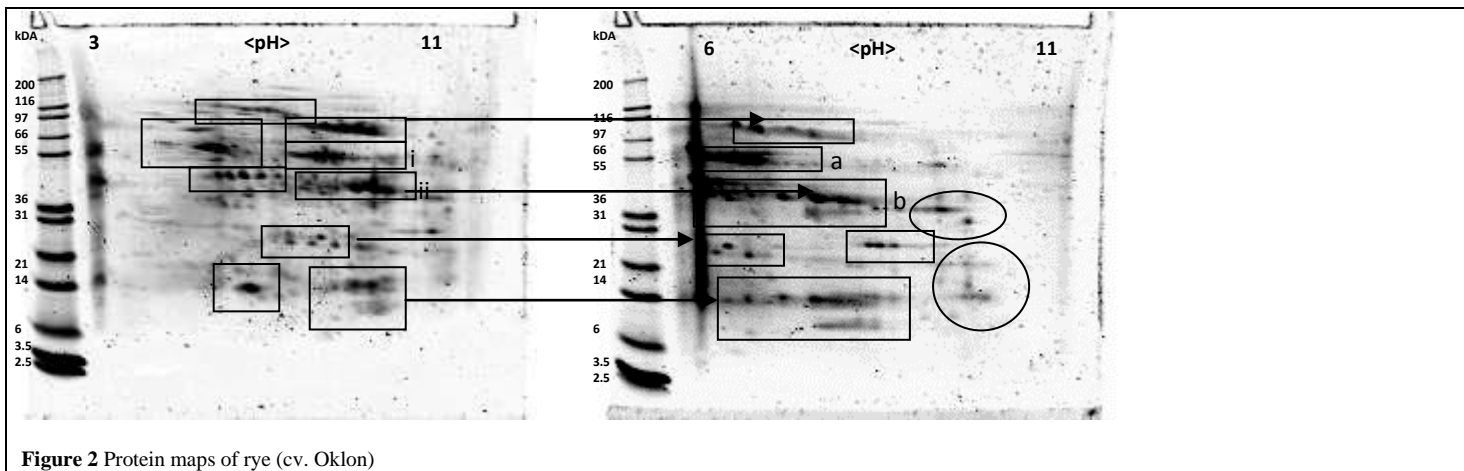


Figure 2 Protein maps of rye (cv. Oklon)

The 2-DE protein maps in figure 3 represents the proteins of mature amaranth seed flour. First, 2-DE - gels with pH 3-11 were run, that were followed by 2-DE - gels with pH 3-11. Upon initial observation, amaranth has many proteins focussed between pH 3-11, 25, 000-200, 000 Da (figure 3) with areas of abundant proteins at: 14, 000-31,000 Da, pI 8-9 (Figure 3v), 36, 000 Da, pI 4-6 (figure 3vii), 55, 000-66, 000 Da , pI 6-7 (figure 3viii); this could be 11S globulin which has a theoretical pI 6.53,  $M_r$  55,064 Da, and belongs to the 11S

seed storage protein family. Fewer proteins were observed for the pH 6-11 gel, especially in the HMW weight region of the gel where storage proteins (figure 3i, 3ii) were observed for the cereals. This is due to the fact that the pseudocereals are a botanically different species compared to cereal grasses, and even if they are rich in protein, unfavourable fractions are not present or are only available in small amounts.

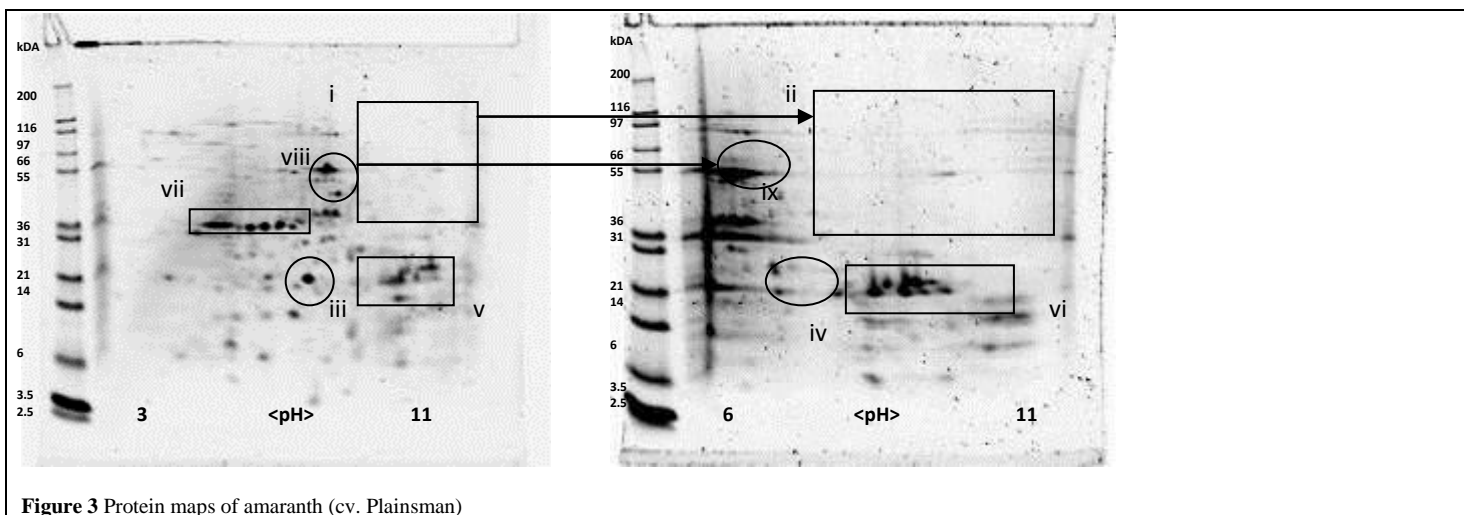


Figure 3 Protein maps of amaranth (cv. Plainsman)

We can notice big differences especially between protein composition of cereals and pseudocereals (Pálenčárová and Gálová, 2010). On the pseudocereal proteins maps we miss protein pattern in area with molecular mass ranging from 40 to 200,000 Da and pI ranging from 9-11, which are visible on cereal proteins maps and corresponded to gluten protein these are supposed triggers of celiac disease. This showed differences between species that also are related to differences in functional properties. There is not enough information about 2-DE of pseudocereals available in the literature so it was difficult to assign any likely protein identifications to the gels.

Gorinstein et al. (2005) analysed the relationship between dicotyledons (amaranth, quinoa, fagopyrum, soybean) and monocots (sorghum and rice), based on protein analyses and their use as substitution of each other and found similarities between these plants, which could make them a substitute of each other as well as for cereals. They reported that combination and substitution of cereals by pseudocereals lead to nutritional foods and can prevent allergy. Food components may be promoters of positive metabolic mechanisms; Gupta (2004) says that a combination of cereals, pseudocereals and soybean provides protein-rich ingredients resulting in higher nutritive value.

## CONCLUSION

Our work deals with comparison of wheat, rye and amaranth 2-DE proteins maps with aim to find out differences between them. A two-dimensional gel electrophoresis (2-DE) map of roughly 40 spots was obtained by submitting the 70% alcohol-soluble crude protein extract to isoelectric focusing on immobilized pH gradient strips across two pH gradient ranges, i.e., 3-10 or pH 6-11 and to sodium dodecyl sulfate-polyacrylamide electrophoresis in the second dimension. We determined similarity between the chemical properties proteins of cereals

wheat, rye and pseudocereals amaranth, where most of the extracted proteins have pI-values ranging from 5 to 10 and the molecular masses ranging from 14 to 55,000 Da. Amaranth did not show the presence of celiac active proteins.

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