

ANTIBACTERIAL ACTIVITY OF OZONIZED OLIVE (*OLEA EUROPAEA L.*) AND VENADILLO (*SWIETENIA HUMILIS ZUCC.*) OILS AGAINST *ESCHERICHIA COLI* AND *STAPHYLOCOCCUS AUREUS*

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ABSTRACT

Ozonized oils are antimicrobial agents obtained from the combination of ozone and unsaturated fatty acids of vegetables oils. The aim of the present study was to evaluate the antimicrobial effectiveness of ozonized olive oil (OOO) and ozonized venadillo oil (OVO) against *Escherichia coli* and *Staphylococcus aureus*. The antibacterial activity was conducted by the agar dilution method to determine the minimum inhibitory concentration (MIC) and the bacterial Log₁₀ reduction. The lowest MIC (4.5 mg/mL) against *E. coli* was obtained when OOO and OVO were ozonized during 12 and 6 hours, with 2.5 Log₁₀ of bacterial reduction, respectively; while, the lowest MIC against *S. aureus* (1.5 mg/mL) was obtained when OVO was ozonized during 6 hours, with 3.4 Log₁₀ of bacterial reduction. The OOO reached peroxide values of 642.53 and 703.7 mmol-equiv/kg after 6 and 12 hours, respectively, while an 892.12 mmol-equiv/kg was obtained after 6 hours for OVO. Data reported here suggest that both ozonized oils are promising effective treatment for bacterial infections.

Keywords: Bactericide; Ozonized oils; Venadillo oil; *Escherichia coli*; *Staphylococcus aureus*

INTRODUCTION

In the past fifty years, the proliferation of antimicrobial agents for use in humans and animals has placed an unprecedented pressure on microorganisms. Thus, drug resistant bacteria have led to look for natural antibacterial products such as vegetable oils. Plants and their essential oils are potentially useful sources of antimicrobial compounds, such as phenolic acid, carvacrol, terpenes, terpenoids and geraniol (Alonso-Castro *et al.*, 2011; Association of Analytical Communities, 1969; Bakkali *et al.*, 2008; Bassolé and Juliani, 2012; Burt, 2004). The application of natural oils is wide, ranging from skin to periodontal infections; they had also been proposed for cancer treatment, food preservation, as well as aromatherapy and the fragrances industries (Christaki *et al.*, 2012).

Another alternative for the treatment of infectious diseases is the use of ozone. Ozone is a powerful oxidizer, does not contaminate the atmosphere, possess an antimicrobial effect, and has not been reported with bacterial resistance. Ozone has been used against cutaneous infections, otitis, vaginitis, and dentistry interventions (Criegee, 2003; Diaz *et al.*, 2006; do Amarante *et al.*, 2013). Additionally, application of ozone on infections caused by *Escherichia coli* and *Staphylococcus aureus* had been reported (Geweely, 2006; Guinesi *et al.*, 2011; Jiménez *et al.*, 1997). The therapeutic antimicrobial properties of ozone are due to the formation of oxidized compounds, such as hydrogen peroxide, hydroperoxides, aldehydes and ozonides which are formed when the polyunsaturated fatty acids presents in vegetable oils make contact with ozone (Kon and Rai, 2012).

Over the last decade, many ozonized oils have been introduced as alternative for bacterial infections. Among those, ozonized sunflower oil (OLEOZON) and pure olive oil have been proven to have a broad antibacterial spectrum that covers Gram negative and Gram positive (Geweely, 2006; Guinesi *et al.*, 2011; Ledea *et al.*, 2010; Lezcano *et al.*, 1998). The reaction between ozone and olive oil occur at the carbon-carbon double bonds present in unsaturated fatty acid producing different toxic products such as oxygenated compounds, hydroperoxides, ozonides, aldehydes, peroxides and polyperoxide which could be responsible for the wide antimicrobial activity of ozonized olive oil (Kon and Rai, 2012). Diaz *et al.* (2006) and Lezcano *et al.* (1998) assessed the antimicrobial activity of ozonized olive oil during 5 hours, showing a greater resistance against *E. coli* than *S. aureus* with a minimum inhibitory concentration of 9.5 mg/mL and 4.5 mg/mL, respectively. Venadillo tree (*Swietenia humilis*

Zucc.) belongs to the Meliaceae family. It can be found along the Mexican and Central America Pacific coast. The secondary metabolites of venadillo tree mainly limonoids, represents a natural option to endemic microbial infections, which are traditionally used as infusions or ointments (López-Pantoja *et al.*, 2007; Martínez *et al.*, 2006; Millezi *et al.*, 2012). López-Pantoja *et al.* (2007) and Montevecchi *et al.* (2013) evaluated the antimicrobial activity of venadillo ethanolic extracts at 50% concentration, against *E. coli* and *S. aureus*, reporting the complete inhibition of growth of both microorganisms. The high content of polyunsaturated fatty acids of venadillo tree combines with ozone may potentiate the antimicrobial activity of the oil (Martínez *et al.*, 2006). The objective of the present study was to evaluate the ozonized olive oil (OOO) and ozonized venadillo oil (OVO) against *Escherichia coli* and *Staphylococcus aureus*.

MATERIAL AND METHODS

Strains

Positive control strains of *Escherichia coli* ATCC 700609 and *Staphylococcus aureus* ATCC 29213 were obtained from the State Laboratory of Public Health of Sinaloa and the National Food Safety Laboratory Research, respectively. Both bacterial strains were used for the antimicrobial assays.

Ozone generation

Ozone was generated using the OzoneLab™ OL80F/DST-2S Desktop Ozone Generator (DST Lab, Canada) by passing Oxygen gas with an electric chamber at a fixed voltage (120 V) and a constant flow rate of 481 mg/hour.

Olive and venadillo oils preparation

Olive oil was commercially acquired and venadillo oil was obtained by seeds ethanolic extraction as described by López-Pantoja *et al.* (2007) and Montevecchi *et al.* (2013).

Olive and venadillo oils ozonization

Ozonization was carried out during two periods of time, 6 and 12 hours for olive

oil, and 6 hours for venadillo oil. The venadillo oil was not ozonized during 12 hours because the peroxide value reached during 6 hours of ozonization was higher than those reached by ozonized olive oils. The ozone flow was 62 mL/minute with an output stream of 481 mg/hour. Additionally, commercially olive and venadillo oils were ozonized and used as standard for comparison. The resulted ozonized oils were named OOO and OVO for olive and venadillo, respectively.

Peroxide determination

The peroxide value of each sample was determined using the official methodology of AOAC 965.33 as followed: 0.5 g of each oil sample were placed in an Erlenmeyer flask with 30 mL of chloroform-acetic acid (3:2 v/v) (JT Baker) solution and stirred bar until dissolved. After this, 0.5 mL of a saturated potassium iodide (KI) solution was added and allowed to stand for 3 minutes. Subsequently, 30 mL of water were added to the flask followed by titration using 0.1 N sodium thiosulphate, until the color changed from yellow to light yellow. Finally, 0.5 mL of 1% starch solution was added and stirred to release the iodine from the chloroform layer (Perez-Rubio et al., 2012).

Inoculum preparation

Escherichia coli ATCC 700609 and *Staphylococcus aureus* ATCC 29213 were grown in trypticasein soy broth (TSB) (Bioxon, USA), and incubated for 24 hours at 37°C, separately. Each organism was purified by centrifugation at 13 080 g for 10 minutes at 4°C. The suspension was washed twice with 20 mL of phosphate monobasic buffer (KH₂PO₄), then adjusted with 5 mL of KH₂PO₄ buffer and refrigerated at 4°C (Lopez-Pantoja et al., 2007). Decimal dilutions were prepared to determine the final inoculums concentration of *E. coli* (1 x 10⁴ CFU/mL) and *Staphylococcus aureus* (1 x 10⁷ CFU/mL).

Minimum inhibitory concentration (MICs)

MICs were determined by the agar dilution method according to the National Committee for Clinical Laboratory Standardization (NCCLS) guidelines. All susceptibility tests were repeated three times. The prepared ozonized oils were previously sterilized for 1 hour using UV light (360 nm) and added in serial dilutions from 1 mg/mL to 10 mg/mL, per separate, to Mueller Hinton agar plates, to finally be dried out at room temperature in a laminar flow hood (Enviroco, USA). Subsequently, an inoculum of the selected bacteria was widespread at the surface of the agar-ozonized oils mixture and incubated 24 hours at 37°C. After incubation, the Petri dishes were placed on a dark non-refracting surface and the MICs were recorded as the lowest concentration of OOO and OVO inhibiting visible bacterial growth.

Bacterial log10 reduction

This procedure was conducted once the MIC's values were determined for each ozonized oil and each concentration as followed: 10 mL of each prepared TSB ozonized oil mixture was inoculated with *E. coli* at 1 x 10⁴ CFU/mL and *S. aureus* at 1 x 10⁷ CFU/mL followed by incubations for 24 hours at 37°C. After the incubation period, decimal dilutions were prepared from each concentration and plated on m-FC agar (m-FC) (DIFCO, USA) and Mannitol Salt Agar (MSA) (DIFCO, USA) for *E. coli* and *S. aureus*, and incubated at 45 and 37°C for 24 hours, respectively. Finally, the colony forming units (CFU) were quantified in a colony counter (SOL-BAT brand), model Q-20. Three replicas were made for each test procedure and bacterial counts were logarithmically transformed in order to calculate bacterial Log10 reduction using the following equation according to Jimenez et al. (2010):

$$(\text{Log}_{10} \text{ initial count} - \text{Log}_{10} \text{ final count}) = \text{Bacterial Log}_{10} \text{ reduction}$$

Data analysis

Analysis of variance (ANOVA) was performed using Bacterial Log10 reduction as response variable. Tukey test was used to determine differences between bacteria, ozonized oils and ozonization time with a significant level of ≤ 0.05. Data were subjected to MINITAB 15 (2007) for statistical analysis.

RESULTS AND DISCUSSION

Peroxide value

The lowest peroxide value of 642.53 mmol-equiv/kg was recorded when olive oil was ozonized for 6 hours; however, peroxide values of 703.7 mmol-equiv/kg were obtained at 12 hours. On the other hand, the highest peroxide value of 892.12 mmol-equiv/kg was recorded when venadillo oil was ozonized 6 hours (Table 1).

Table 1 Determination of peroxide value for ozonized Olive and Venadillo oils

Oils	Ozonization Time (h)	Peroxide Value*
Olive	6	642.53
	12	703.7
Venadillo	6	892.12

* Expressed in mmol-equiv·kg⁻¹

Minimum inhibitory concentration (MICs)

When olive oil was ozonized 6 hours, the MIC's values for *E. coli* and *S. aureus* were 8.5 mg/mL and 3 mg/mL, respectively. Olive oil ozonized during 12 hours showed MIC's values of 4.5 mg/mL and 2.5 mg/mL for *E. coli* and *S. aureus*, respectively. Ozonized venadillo oil at 6 hours reported MIC's values of 4.5 mg/mL and 1.5 mg/mL for *E. coli* and *S. aureus*, respectively (Table 2).

Table 2 Antimicrobial activity of ozonized oils

Microorganisms	Olive oil		Venadillo Oil			
	6 h*		6 h*			
	MIC†	Log ₁₀ R‡	MIC†	Log ₁₀ R‡		
<i>Escherichia coli</i>	8.5	3.3	4.5	2.5	4.5	2.8
<i>Staphylococcus aureus</i>	3	3.7	2.5	4.0	1.5	3.4

* Ozonization time

† Minimum inhibitory concentration expressed in mg·mL⁻¹

‡ Bacterial Log₁₀ reduction

Bacterial log10 reduction

Table 2 shows the mean values of bacterial Log10 reduction. The higher antimicrobial activity was observed when olive oil was ozonized during 12 hours against *S. aureus* (4 Log10). *S. aureus* showed a higher reduction than *E. coli* at any ozonized oils and time tested. ANOVA tests showed statistical differences in the response of bacteria against the ozonized oils (p=0.000). However, no statistical differences were observed when ozonized oils were compared (p=0.154) or ozonization time was evaluated (p=0.260) (Table 3).

Table 3 Effects of bacteria, ozonized oil and ozonization time over antimicrobial activity

Source	Sum-of-squares	Degree of freedom	F-ratio	p-level*
Bacteria	2.6473	1	22.42	0.000
Ozonized oil	0.1337	1	2.28	0.154
Time	0.1629	1	1.38	0.260
Error	1.6530	14		

* alpha ≤ 0.05 significance level

The primary target, when ozone is combined with vegetable oil are carbon to carbon double bonds of unsaturated fatty acids, favoring the formation of hydrogen peroxide as final product (Lezcano et al., 1998). Thus, the possible mechanism by which ozonized oil acts as an antimicrobial, is the oxidation of the microorganism through a slow release of peroxide (Ran et al., 2010). In previous studies, the ozonized olive oil (Oleozone) reported peroxide values between 500 and 800 mmol-equiv/kg, with optimal antifungal activity at 650 mmolequiv/kg (Ledea et al., 2010). Similar peroxide values (642 mmol-equiv/kg) were obtained with ozonized olive oil in the present study. However, the differences between Oleozone and the ozonized olive oil used in the present study were the ozonization method, and the time to reach the optimal peroxide level. The ozone bubbling method used to ozonize Oleozon is carried out during eight weeks and the electric shock field employed to ozonize the olive oil can be performed in hours. Even though, both procedures are easy to use, the ozonization time differs. In this sense, the electric shock method optimizes time without affecting the formation of oxidized compounds. Also, no statistical differences were observed, in the bacterial Log10 reduction when olive oil was ozonized during 6 and 12 hours; therefore, 6 hours ozonization time can be adopted to optimize the ozonification process without affecting the antimicrobial activity.

On the other hand, venadillo oil generated high content of peroxide compounds due to the high presence of unsaturated fatty acids, allowing the production of various oxygenated compounds such as peroxides, ozonides and aldehydes, throughout the Criegee mechanism (Sechi et al., 2001; Solórzano-Santos and Miranda-Novales, 2010) thus, increasing its antimicrobial activity. Additionally, the statistical analysis showed no differences between ozonized venadillo and olive oils, confirming the antimicrobial effectiveness of the ozonized venadillo oil. The antimicrobial evaluation of both ozonized oils showed greater efficacy against Gram (+) than Gram (-) bacteria (Table 2). Previous reports by Diaz et al. (2006) and Lezcano et al. (1998) documented that ozonized olive oil with

peroxide values of 735 mmolequiv/kg against *E. coli* ATCC 10536 and *S. aureus* ATCC 6538, showed MIC's results of 9.5 mg/mL and 4.5 mg/mL, respectively. The results were better in this study, which can be due to change in the analyzed ATCC strain, different peroxide values and the ozonization procedure used. The MIC's results showed lower values when ozonized venadillo oil was evaluated against both bacteria. This could be related to the high value of peroxides formed in this oil; however, it is necessary to conduct specific studies to demonstrate the antimicrobial activity of venadillo active principles. Lopez-Pantoja et al. (2007) and Montevecchi et al. (2013) evaluated acetone, methanolic and ethanolic extracts of venadillo oil against *E. coli* and *S. aureus*; all extracts used at high concentrations (25 and 50%) and inoculum levels of 1×10^8 CFU/ml and 1.5×10^8 CFU/ml, respectively, were effective in controlling the growth of both bacteria, being *S. aureus* the most susceptible. Moreover, to our knowledge, the present study is the first report of evaluating ozonized venadillo oils against bacterial organisms (Travagli et al., 2010; Zanardi et al., 2013).

CONCLUSION

To date, threatening of bacterial infections is a challenging task due to the appearance of resistance to antibiotics. Therefore the development of natural alternatives as a control agent is a focused of interest. Based on the results of the present study, it can be concluded that both ozonized venadillo and olive oils could be a natural alternative for treatment of bacterial infections. However, venadillo tree may represent a much better option because of its accessibility in the Mexican Pacific Coast and Central America. Nonetheless, additional studies are required to validate the potentiality of ozonized venadillo oil as an antibacterial agent in topical or oral applications.

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