





THE EFFECT OF RAW MATERIAL PRE MATURING ON PARENICA STEAMED CHEESE QUALITY

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ABSTRACT

The aim of the present study was to analyse the quality of the Parenica cheese (steamed shaped cheese) made of cheese aged one and three weeks. MDA (malondialdehyde) contents were similar in both Parenica cheese (0.32 mg.kg⁻¹ resp. 0.30 mg.kg⁻¹). Content of MDA was higher in the lump cheese-raw materials (0.44 resp. 0.59 mg.kg⁻¹) than in the Parenica cheese (0.32 mg.kg⁻¹ resp. 0.30 mg.kg⁻¹). MDA content can be probably reduced in the processing to the hot water. The concentration of tyramine in the lump cheese on the 1st week of maturing was 1.37 mg.kg⁻¹, and in the 3rd week of maturing increased to 4.48 mg.kg¹. Tyramine content in the Parenica cheese made from lump cheese after 1st week of maturing was lower (0.49 mg.kg⁻¹) than the lump cheese after 3rd week of maturing (2.47 mg.kg⁻¹). The detected concentration of cadaverine was detected only in the lump cheese 3rd week of maturing (4.66 mg.kg⁻¹) and in the Parenica cheese made from lump cheese after 3rd week of maturing (3.10 mg.kg⁻¹). The sensory quality was performed by 5 points system. Parenica cheese made from lump cheese after 3rd week of maturing (4.91 points) in comparison with Parenica cheese made from lump cheese after 1st week of maturing (4.83 points) in comparison with Parenica cheese made from lump cheese after 1st week of maturing (4.50 points). Higher sensorial quality of Parenica cheese made from lump cheese after 3rd week of maturing was caused by longer time of maturing. The longer time of maturing positively affected all sensory and physico-chemical parameters, but biogenic amines (mainly cadaverine and tyramine) content increased, because of maturing.

Keywords: steamed cheese, physic-chemical properties, biogenic amines, sensory quality

INTRODUCTION

The Parenica cheese is a traditional Slovak product, same as Korbacik cheese, and is listed in the **Regulation (EU) No 1151/2012** on the protection of geographical indications and designations of origin for agricultural products and foodstuffs and belongs to the steamed cheese. In Slovak Republic steamed cheese production has long tradition. Steamed cheese is a special group of cheese whose production is typical for countries in the southern Europe, countries located on the Balkan Peninsula, Greece and Italy, which are generally called Pasta filata. Raw milk cheese represents a significant proportion of cheese in most Mediterranean countries, mainly those made from goat and ewe milk. To our knowledge, few studies have been made to compare cheese made from raw or pasteurized milk (Čuboň et al., 2015).

Number of studies analysed the influence of pasteurization on the cheese proteolysis, but mainly in the cow milk cheese (Rosenberg et al., 1995; Beuvier et al., 1997; Skeie & Ardö, 2000). These studies have shown that there are little differences in consistency varieties of cheese, in relation to the influence of milk pasteurization on the primary and secondary proteolysis of cheese.

The level of acceleration the maturing process is possible to solve the problems of degradation of cheese quality. It is influenced by the intensity of proteolysis, contents of dry matter, fats, NaCl and pH level (Everard et al., 2006; Saint-Eve et al., 2009). The time of cheese ripening depends on the type of cheese. Current technologies of cheese production try to short the time of ripening (due to reduction of production costs) and consequently unripe cheese can be distributed to the networks. Their organoleptic parameters are different to the cheese qualities matured under standard conditions (Pachlová et al., 2011). Quality of milk, chemical composition (moisture, lactose, fat), using of proper starter lactic

acid bacteria (SLAB) and presence of non-starter lactic acid bacteria (NSLAB) can also influence processes occurring in ripening cheese (Al-Otaibi and Wilbey, 2004; Floury et al., 2009; Pachlová et al., 2011).

Increasing of temperature for ripening process acceleration is regarded as the simplest technique from the technological points of view (**Sihufe** *et al.*, **2010a**). The intensive growth of both SLAB and NSLAB is important; can decrease the cheese quality because acceleration of other undesirable contaminating microorganisms can occur (**Iurlina & Fritz**, **2004**). **Sihufe** *et al.* (**2010b**) report possible double or triple decrease of ripening period by increase of ripening temperature by 6 °C.

Cheese ripening represents a very important technological process, during which cheese undergoes important microbiological, biochemical and sensory changes. For consumers, texture plays a key role in cheese purchase. Changing of the cheese texture is mainly influenced by intensity of proteolysis, contents of NaCl, dry matter and fats and by pH (Everard et al., 2006; Saint-Eve et al., 2009). Cheese texture and functional and sensory properties develop during the ripening process nevertheless traditional maturation is a costly process (Forde and Fitzgerald, 2000).

As reported Komprda et al. (2007); Buňková et al. (2010); Pachlová et al. (2011) the extent of microbiological and biochemical processes in individual parts of cheese might differ in individual cheese segments.

Steamed cheese is processed by hot water. The recommended lower limit water temperature is 70 °C. The cheese is kneaded until to correct structure of matter suppleness, smoothness and elasticity. Recommended acidity of raw materials (lump cheese) for steamed cheese is 5.1 to 5.0 pH. Poorly fermented cheese is not enough elastic and it is not suitable to production of steamed cheese (Čuboň et al., 2015).

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The moisture of Pasta filata cheese ranging between 47 - 52 %, protein 23.3 - 25.%, fat 18.5 - 25.1%, salt (NaCl) 1.6 - 1.9% and pH 5.22-5.34 (Jimenez-Maroto *et al.*, 2016).

The moisture of steamed Korbacik cheese ranging between 44.77 - 47.17 %, fat 22.07- 25.33%, salt (NaCl) 0.38 - 0.39%, acidity 98.27-108.33 °SH and MDA (malondialdehyde) content 0.37-0.59 mg.kg⁻¹ (Čuboň *et al.*, **2015**).

Parameters of the Slovak Parenica cheese takes the form of two interconnected coils of raw ribbon, 5 - 8 cm high with a diameter of 6 - 8 cm. Traditionally, two rolls are fastened with a cheese string. Aroma of the Slovak Parenica cheese is a characteristic by the sheep milk and smoked. Taste is fine, salty a cheese with the seep milk odour. Consistency is elastic, with a supple structure and after ripping are threads formed. Colour is yellow to brown after smoking, inside white to butter yellow. Content of dry matter is at least 53%; fat in dry matter at least 50% and NaCl max. 3%. It should contain NSLAB micro-organisms of the genus Lactobacillus, Enterococcus, Lactococcus and Streptococcus. It must not contain pathogenic microorganisms (Listeria Monocytogenes and Salmonella). By steaming at a temperature of 60-70 °C partial pasteurisation takes place which reduces the natural microflora content from 105 to 102 (Čuboň et al., 2015).

The food that contains proteins or free amino acids (FAA) and subjected to conditions enabling microbial or biochemical activity formation of biogenic amines (BA) can be expected. The total amount of the BA is variable and depending on the microorganisms involved and nature of food (Ruiz-Capillas & Jimenez-Colmenero, 2004).

In the fact, during cheese ripening, there is a breaking down of caseins, which leads to an accumulation of FAA that can be transformed into BA by the decarboxylase activity of the present microbiota (Sihufe et al., 2010).

However, it is difficult to find a straight correlation between microbial counts and BA content in cheese, because of BA producing abilities of various strains of different bacteria differ widely (**Linares** *et al.*, **2011**). Moreover several external processing factors may also play an important role, namely, milk pasteurization, pH value, salt in moisture contents and temperature of ripening. In particular, the cheese pH within the range 5.0–6.5 is optimum for the activity of most decarboxylases and it has been found that the production of biogenic amines is accelerated by high temperatures during production, cheese manufacture and by the prolonged process of aging (**Buňková** *et al.*, **2010**). **Butor** *et al.* (**2017**) identified biogenic amine (tryptamine, β-phenylethylamine, putrescine, cadaverine, histamine and tyramine) by MALDI-TOF MS device. **Flasarová** *et al.* (**2016**) found out the total biogenic amine content 0.4 mg.L⁻¹ in the milk before cheese production.

Most of the products fermented by lactic acid bacteria (LAB) contain traces of cadaverine, histamine, putrescine, and tyramine (**Spano** *et al.*, **2010**; **Linares** *et al.*, **2011**).

Under normal conditions, biogenic amines in the digestive system are inactivated and there are no clinical cause of the disease. In the case of large amount intake of biogenic amines the inactivation mechanisms are degraded, they get out of the digestive system (Čuboň *et al.*, 2019).

Nedomová *et al.* (2017) found out lightness of fresh cheese (L*) 89.56, green-red value (a*) 0.52 and blue-yellow value (b*) 15.83 and after ripening it changed as follows L* 85.91, a* 0.51 and b* 18.62.

The aim of the present study was to analyse the quality of the Parenica cheese (steamed shaped cheese) made of cheese aged 1 and 3 weeks.

MATERIALS AND METHODS

Cheese Samples

Ripened lump cheese after 1 and 3 weeks of ripening was used as raw material for the production of Parenica cheese. The Parenica cheese was produced after $1^{\rm st}$ week (n=10) and $3^{\rm rd}$ week (n=10) of ripening from lump cheese. The cheese was heated to a temperature of 60-70 C° to mouldable consistency. Subsequently, the formed strip with a width of 5-6 cm, in saline salted and rolled into Parenica cheese a diameter of 6-8 cm was used.

The Parenica cheese is protected by geographical indication and designations of origin for agricultural products and foodstuffs. Parenica cheese is a steamed cheese made from lump cheese contains especially thermotolerant lactic acid microflora of the genera: *Lactococcus*, *Streptococcus* and *Lactobacillus*. Chemical requirements: dry matter at least 53%. Fat in dry matter content at least 50%, salt content max. 3.0%. Microbiological characteristics: raw material for Parenica cheese is the lump cheese, which contains mainly genera *Lactococcus*, *Lactobacillus* and *Streptococcus* - thermoresistant lactic acid microflora. It must not contain pathogenic microorganisms (e. g. *Listeria monocytogenes* and *Salmonella*). Steaming at temperature 60-70°C results partial pasteurisation, which reduces the natural microflora content from the 10⁵ to 10² CFU.g⁻¹ (Regulation (EU) No 1151/2012; Commission Regulation (EC) No. 2073/2005).

Chemical composition analysis

The chemical composition of the raw material (ripened lump cheese) and Parenica cheese was measured (50 g) by the FT IR method using the device

Nicolet 6700 (Thermo Scientific, USA). The fat contents (g.100g⁻¹) and moisture content (g.100g⁻¹) were analysed. The infra-red analyse was carried out by the molecular spectroscopy method.

Contents of salt (g.100g⁻¹), and titration acidity (°SH) was analysed according to Čuboň *et al.* (2015).

Determination of malondialdehyde

The degradation products of Parenica cheese were analysed. Malondialdehyde (MDA) content was measured in the Parenica cheese. MDA content was determined according to **Marcinčák** *et al.* (2006). Absorbance of samples was measured at a wavelength of 532 nm on UV-VIS spectrophotometer Jenway 7305 (United Kingdom -JENWAY). Results were calculated as the mg of MDA in 1 kg of sample (mg.kg⁻¹).

Determination of biogenic amines contents

The collected samples were homogenised, and subsequently lyophilised (Christ Alpha 1–4 device, Christ, Germany, Osterode am Harz). The amines were extracted with a perchloric acid solution (0.6 mpl.L $^{-1}$) in triplicate. The content of biogenic amines was determined by liquid chromatography (LabAlliance and Agilent Technologies devices) after previous derivatisation with dansylchloride. Chromatographic separation (column used: ZORBAX Eclipse XDB-C18, 150×4.6 mm, 3.5 μm, Agilent Technologies, Inc., Santa Clara, CA, USA) and spectrophotometric detection ($\lambda=254$ nm) were performed according to ${\bf Buňkov\acute{a}}$ et al. (2013). Each sample was extracted in triplicate, each extract was derivatised in duplicate and each derivatised mixture was applied on the column in triplicate. In individual amines, the detection limits ranged between 0.24 and 1.39 mg.kg $^{-1}$. The results were related to the sample weight before lyophilisation.

Sensory analysis

The sensory characteristics were evaluated in sensory analysis: aroma and taste, consistency, colour and total appearance. Sensory analysis was performed using the sensory evaluation using scale. A five-point scale was used to the characteristics of each point. Assessment system was chosen, the highest number of points (5) was evaluated as "excellent" and 1 point as "unacceptable". In the sensory committee were 5 assessors.

Statistical analyse

The data were subjected to statistical analysis using the Statistic Analysis System (SAS) package (SAS 9.3 using of application Enterprise Guide 4.2) by nonparametric Wilcoxon test.

RESULTS AND DISCUSSION

Table 1 shows basic physicochemical parameters of fresh lamb cheese, lamb cheese after $1^{\rm st}$ and $3^{\rm rd}$ week of maturing. Humidity of the fresh lump cheese was $44.56~{\rm g.100g^{-1}}$. Lump cheese after $1^{\rm st}$ week of maturing was 44.77% and lump cheese after $3^{\rm rd}$ week of maturing was $45.17~{\rm g.100g^{-1}}$. The measured values of humidity for all samples were similar. The dry matter content in the fresh cheese was $55.44~{\rm g.100g^{-1}}$. **Buňková** *et al.* (2010) found the similar dry matter content $54.89~{\rm g.100g^{-1}}$ in the fresh cheese.

Fat content in the fresh lump cheese was significantly lower (25.07 g.100g⁻¹) than in the 1st week of maturing (25.33 g.100g⁻¹) and at 3rd weeks of maturing 25.66 g.100g⁻¹. Same tendency was in the content of fat in the dry matter. Titration acidity increased with maturing stage of cheese, 88.32°SH in the fresh cheese, 98.27°SH in the cheese after 1st week of maturing and 108.32°SH in the cheese after 3rd weeks of maturing. Malondialdehyde (MDA) content as a parameter of the oxidative stability was significantly lowest in the fresh lump cheese (0.37 mg.kg⁻¹) and the highest in the cheese after 3rd weeks of maturing (0.59 mg.kg⁻¹). The different results were found by **Jimenez-Maroto** et al. (2016), who found out in the fresh lump cheese higher humidity content (53.8 g.100g⁻¹) and lower fat content (16.6 g.100g⁻¹).

Humidity of the Parenica cheese (Table 2) made from lump cheese after 1st week of maturing was significantly lower (44.90 g.100g⁻¹) than Parenica from lump cheese after 3rd week of maturing (53.07 g.100g⁻¹). **Kirmaci (2016)** found out higher total solids content from 53.97 to 55.26 g.100g⁻¹ in the soft cheese. Average of fat contents was 22.50 g.100g⁻¹ (1st week) and 20.13 g.100g⁻¹ (3rd week). Fat content in the dry matter was higher at the 1st week (40.83%) than after 3rd week 42.91 g.100g⁻¹. Sodium chloride content was 1.82 g.100g⁻¹ (1st week) and 1.58% (3rd week) of maturing. Average titration acidity of Parenica cheese at 1st week of maturing (99.73°SH) was significantly lower than 3rd week of maturing (109.53°SH).

MDA contents were similar in the both Parenica cheese (0.32 mg.kg $^{-1}$ resp. 0.30 mg.kg $^{-1}$).

Jimenez-Maroto *et al.* (2016) found out in the steamed type of cheese lower humidity content (52.0 g.100g⁻¹) and lower fat content (18 g.100g⁻¹).

MDA content was significantly higher in the lump cheese (0.44 resp. 0.59 mg.kg⁻¹) than in the Parenica cheese (0.32 mg.kg⁻¹ resp. 0.30 mg.kg⁻¹). MDA content

can be reduced in the processing to the hot water, because according to **Nair** et al. (2008) malondialdehyde is soluble in the water.

Table 1 Physicochemical parameters of raw materials (lump cheese) at different ripening time

Parameters	Humidity	Dry matter	Fat	Fat in dry matter	NaCl	Titration acidity	MDA
			g.1	00g-1		°SH	mg.kg ⁻¹
Lump cheese	fresh						
Mean	44.56	55.44	25.07 ^a	45.22 a	0.38	88.32 ^A	0.37 ^A
SD	0.59	0.59	0.21	0.82	0.07	1.53	0.02
SE	0.34	0.34	0.12	0.47	0.04	0.88	0.01
CV%	1.31	1.06	0.94	1.71	16.81	1.73	6.18
Lump cheese	after 1st week	of maturing	ŗ				
Mean	44.77	55.23	25.33 b	45.86 b	0.38	98.27 ^B	0.44 ^A
SD	0.49	0.49	0.15	0.51	0.07	0.70	0.04
SE	0.28	0.28	0.09	0.29	0.04	0.41	0.03
CV%	1.10	0.89	0.60	1.11	17.22	0.71	9.40
Lump cheese	after 3rd week	of maturing	g				
Mean	45.17	54.88	25.66°	46.75 °	0.38	108.33 ^C	0.59 ^B
SD	0.45	0.45	0.58	0.64	0.08	2.08	0.13
SE	0.26	0.26	0.33	0.37	0.04	1.20	0.07
CV%	0.99	0.82	2.17	1.60	19.92	1.92	21.49

Legend: a, b, c in the same column means significant differences (P < 0.05).

A, B, C in the same column means significant differences (P < 0.01).

Table 2 Physicochemical parameters of Parenica cheese

Parameters	Humidity	Dry matter	Fat	Fat in dry matter	NaCl	Titration acidity	MDA
			%			°SH	(mg.kg ⁻¹)
Parenica cheese	made from lump che	eese after 1st weel	k of maturing	7			
Mean	44.90	55.10	22.50	40.83	1.82	99.73	0.32
SD	1.39	1.39	1.32	2.18	0.42	2.05	0.06
SE	0.80	0.80	0.76	1.26	0.24	1.19	0,03
CV%	3.09	2.52	5.88	5.34	23.08	2.06	17.67
Parenica cheese	made from lump che	eese after 3rd weel	k of maturing	g			
Mean	53.07	46.93	20.13	42.91	1.58	109.53	0.30
SD	0.50	0.50	1.27	3.00	0.28	3.14	0.00
SE	0.29	0.29	0.73	1.73	0.16	1.81	0.00
CV%	0.94	1.07	6.29	6.99	17.96	2.87	1.17

Legend: MDA - Malondialdehyde

Table 3 The content of biogenic amines in lump cheese maturing 1 and 3 weeks and Parenica cheese made of cheese aged 1 and 3 weeks (mg.kg⁻¹)

Parameters		Biogenic amines				
		putrescine	cadaverine	histamine	tyramine	
	Mean	ND	ND	ND	1.37 a	
Lump cheese after 1st week of	SD	-	-	-	0.30	
maturing	SE	-	-	-	0.06	
	CV%	-	-	-	14.59	
	Mean	4.60 a	4.66 a	ND	4.48 b	
Lump cheese after 3rd week of	SD	0.52	0.51	-	0.64	
maturing	SE	0.27	0.10	-	0.10	
	CV%	23.08	10.41	-	11.49	
Parenica cheese made from	Mean	ND	ND	ND	0.49 °	
	SD	-	-	-	0.08	
lump cheese after 1st week of	SE	-	-	-	0.01	
maturing	CV%	-	-	-	18.07	
Parenica cheese made from	Mean	2.01 b	3.10 b	0.40	2.47 ^d	
lump cheese after 3 rd week of	SD	0.74	0.78	0.04	0.34	
* .	SE	0.17	0.14	0.02	0.08	
maturing	CV%	37.12	25.14	7.21	13.93	

Legend: a, b, c, d in the same column means significant differences (P < 0.05), ND – not detected

The concentration of tyramine contents (Table 3) in the lump cheese on the 1st week of maturing was 1.37 mg.kg⁻¹, and on the 3rd week of maturing increased to 4.48 mg.kg⁻¹.

Tyramine content in the Parenica cheese made from lump cheese after 1st week of maturing was lower (0.49 mg.kg⁻¹) than the lump cheese after 3rd week of maturing (2.47 mg.kg⁻¹).

The detected concentration of cadaverine was only in the lump cheese after 3rd week of maturing (4.66 mg.kg⁻¹) and in the Parenica cheese made from lump cheese after 3rd week of maturing (3.10 mg.kg⁻¹).

The same tendency was in the putrescine content which was detected only in the lump cheese after 3rd week of maturing (4.60 mg.kg⁻¹) and in the Parenica cheese made from lamb cheese after 3rd week of maturing (2.01 mg.kg⁻¹). **Buňková** *et al.* (2013) found out content of putrescine 20.7 mg.kg⁻¹ and content of cadaverine 19.6 mg.kg⁻¹ in the fresh cheese and authors did not detected cadaverine, putrescine, tyramine and histamine in the *Pasta filata* type of cheese.

The highest cadaverine contents 20.1 mg.kg⁻¹ in the cheese matured short time found out **Buňka** *et al.* (2012). Biogenic amines are products of metabolism of many microorganisms, so they can be used as spoilage indicators of food rich in proteins. According to **Flasarová** *et al.* (2016) the presence of non-starter and starters lactobacilli in the cheese can have effect on the biogenic amine content.

The concentration of biogenic amines can be influenced by the technology of steamed cheese production because biogenic amines are water-soluble (**Lide and David, 2007**). **Pachlová** *et al.* (**2018**) found out content of biogenic amines in cheeses with using of *Lb. paracease DEPE T52* contents of tyramine at 30th day was 20.6 mg.kg⁻¹.

Pachlová *et al.* (2013) found out total biogenic amine content in ripened cheese 140 mg·kg⁻¹. According to **Buňka** *et al.* (2012) the thyramine content increased in the cheese from the 10.7 mg.kg⁻¹ (at the beginning of the storage) to the 140.6 mg.kg⁻¹ at the 19th days of the storage. Content of free amino acids in the

traditional Kashkaval cheese increased from 73.10 mg.100g⁻¹ 5th day to 87.50 mg.100g⁻¹ 15th day of maturing **Dimitrov** *et al.* (2015).

The sensory quality was analysed by Sensory descriptors and was defined from the appearance, aroma, flavor and texture evaluation by commission. Sensory evaluation was performed by 5 points system. The sensory parameters of Parenica cheese are shown in Table 4. Taste evaluation shows significantly better score (P < 0.05) for Parenica cheese made from lump cheese after $3^{\rm rd}$ week

of maturing 4.91 points in comparison with Parenica cheese made from lump cheese after 1st week of maturing 4.17 points. Overall acceptability was significantly higher in Parenica cheese made from lump cheese after 3rd week of maturing 4.83 points in comparison with Parenica cheese made from lump cheese after 1st week of maturing 4.50 points.

Table 4 Sensory properties of Parenica cheese (points)

Parameters	Odour	Taste	Texture	Colour	Overall acceptability
Parenica cheese mad	e from lump cheese after	1st week of maturing			
Mean	4.58	4.17 a	4.75	4.83	4.50 a
SD	0.32	0.29	0.60	0.29	0.31
SE	0.19	0.17	0.34	0.17	0.18
CV%	7.62	6.93	12.86	5.97	7.48
Parenica cheese mad	e from lump cheese after	3rd week of maturing			
Mean	4.67	4.91 b	4.83	4.91	4.83 b
SD	0.58	0.30	0.29	0.30	0.29
SE	0.33	0.17	0.17	0.17	0.17
CV%	12.37	6.08	5.97	6.08	5.97

Legend: a, b in the same column means significant differences (P < 0.05).

The texture analyses showed non-significantly higher evaluation of Parenica cheese made from lump cheese after 3rd week of maturing (4.83 points) in comparison with Parenica cheese after 1st week of maturing (4.75 points). The same results were achieved in odour evaluation.

Higher sensorial quality of Parenica cheese made from lump cheese after 3rd week of maturing was caused by longer time of maturing.

Consistently with our results **Jimenez-Maroto** *et al.* **(2016)** found that in steamed cheese *Pasta filata* was the highest evaluated taste profile and consistency. The best flavour rating was for cheese with salt contents of 1.8-1.9%. The same results were in our samples of Parenica cheese made from lump cheese after 1st week of maturing. The higher value of consistency was in cheese with fat content of 23.9-25.1%.

In our previous work we found out similar value for taste in Korbacik cheese (steamed cheese) made from raw materials ripened 1 week (4.33 points) and Korbacik cheese made from raw materials ripened 3 weeks (5.00 points) (**Cuboň** et al., 2015). Average point numbers for colour was 4.67 points for Korbacik cheese made from raw materials ripened 1 week and 4.83 points for Korbacik cheese made from raw materials ripened 3 weeks. Overall acceptability of Korbacik cheese made from raw materials ripened 1 week was 3.83 and Korbacik cheese made from raw materials ripened 3 weeks was 4.83.

Romeih *et al.* (2002) evaluated steamed cheese by 7 points method and they found appearance 5.8 points, flavour 4.9, consistency 3.7 and odour 4.8 points.

CONCLUSION

The analysed traditional Slovak steamed-formed Parenica cheese was made from lump cheese which was 1 and 3 weeks matured. However, traditionally Parenica cheese is made from fresh lump cheese that matures several days. The longer time of maturing positively affected sensory parameters. Steaming process in hot water resulted in decreasing of biogenic amines content. The lower dry mater content in the Parenica cheese made from lump cheese after 3rd week of maturing was influenced by maturing process. The longer time of maturing positively affected all sensory and physico-chemical parameters. On the other hand, biogenic amines content increased, mainly cadaverine and tyramine.

The concentration of the malondialdehyde and biogenic amines can be leached into the water during the technology of steamed cheese production, because biogenic amines are water-soluble.

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